

Myelomatose generelt

Dansk Myelomatose Forening
Konference, 11. marts 2017

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M-protein

M = monoclonal

Paraprotein

Plasma cell
dyscrasias

Dysproteinemias

M-protein

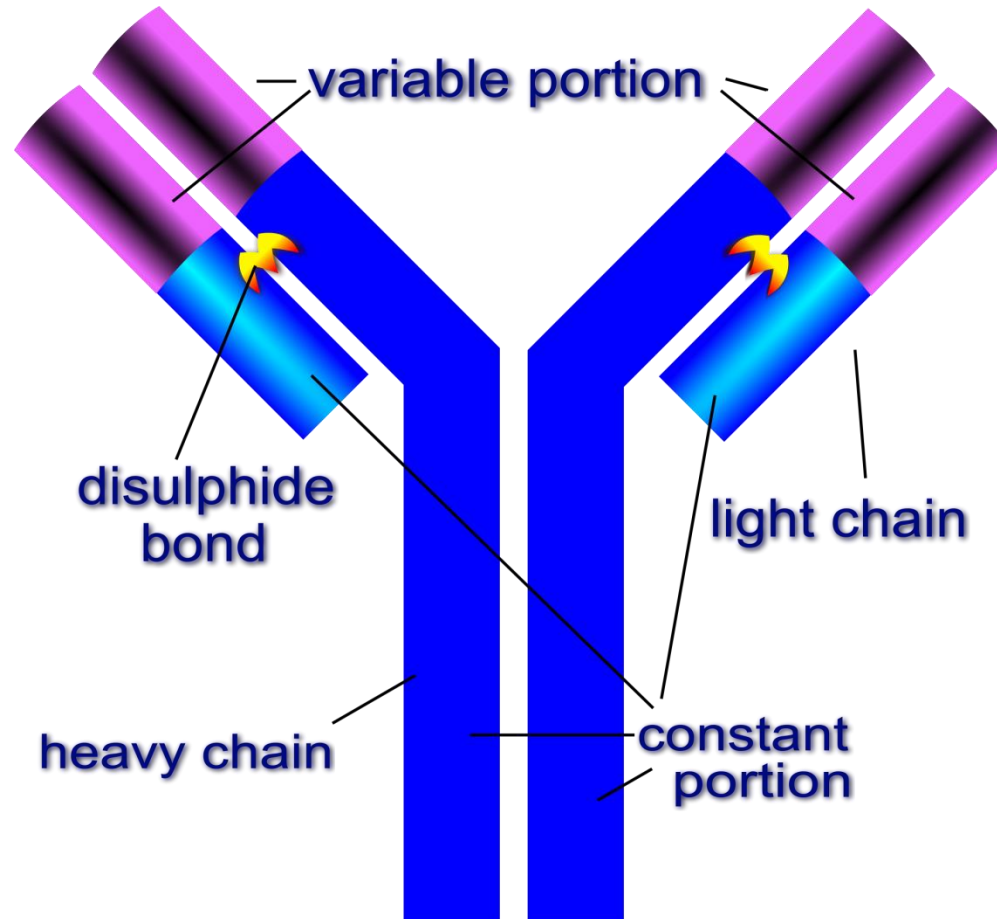
M-component

Paraproteinemias

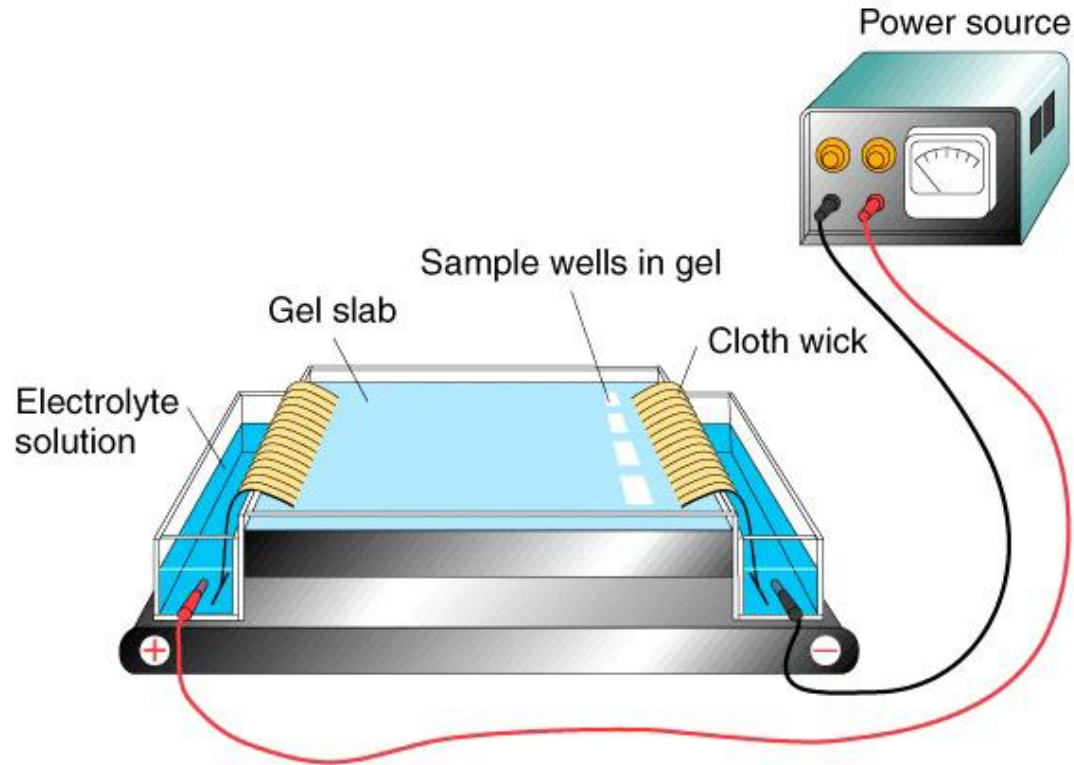
Monoclonal
gammopathies

M-spike

M-protein

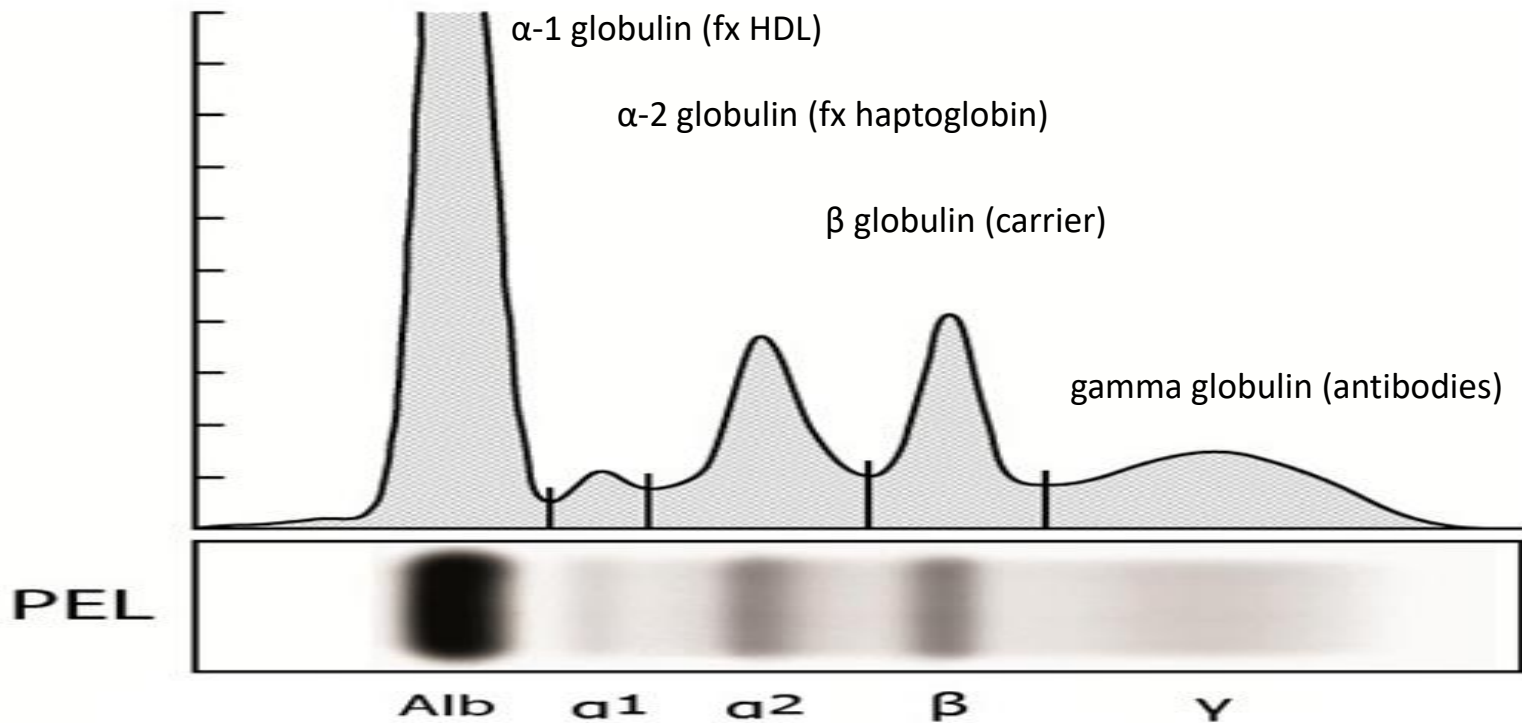


Serum protein electrophoresis (SPEP)

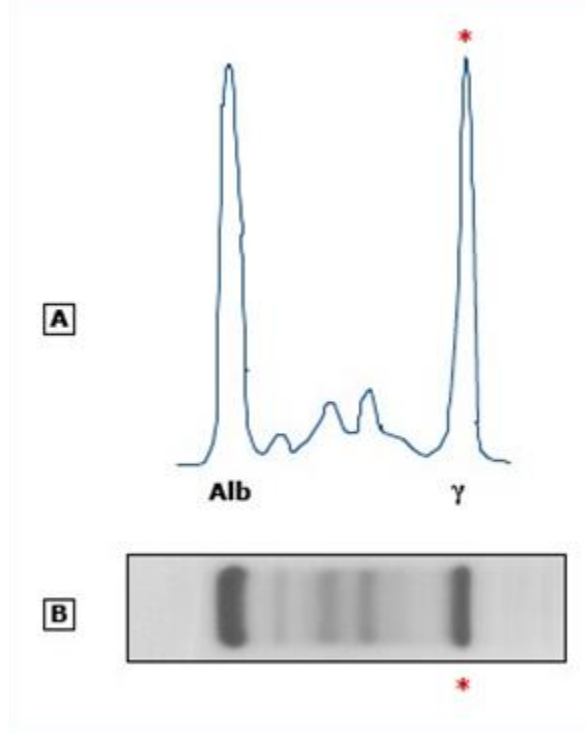


SPEP: Normal pattern

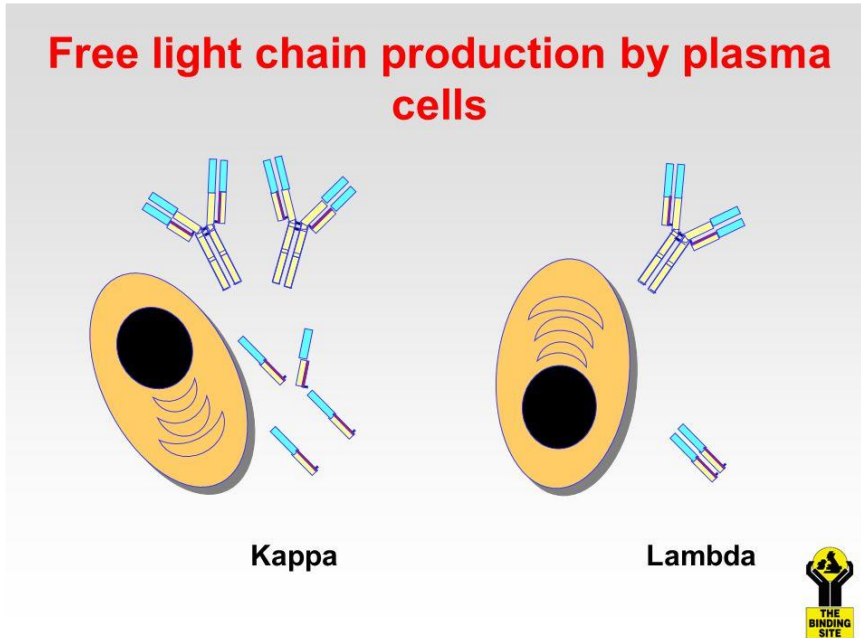
Albumin (viscosity, carrier)



SPEP: Monoclonal gammopathy



Serum free light chain (FLC) assay



- sFLC kappa: 3.3 to 19.4 mg/L
- sFLC lambda: 5.7 to 26.3 mg/L
- Kappa/lambda 0.26 to 1.65

Diagnostic workup

Blood tests



Imaging:

X-ray

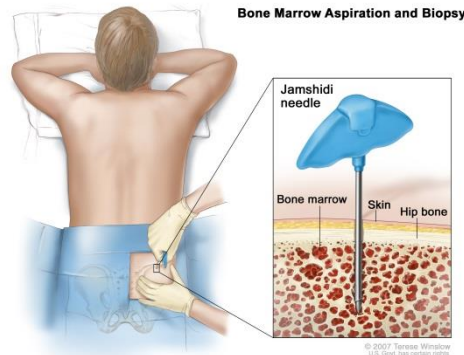
Whole body low dose CT-scan

Whole body diffusion weighted MRI

PET-CT



Bone marrow biopsy



MGUS

Monoclonal Gammopathy of Undetermined Significance

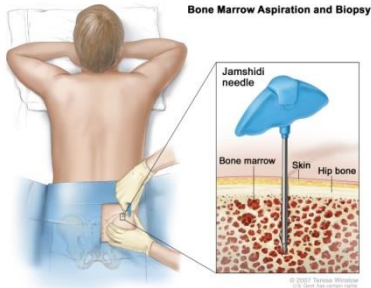
MGUS

Premalignant clonal disorder

ASYMPTOMATIC



M-protein < 30 g/L

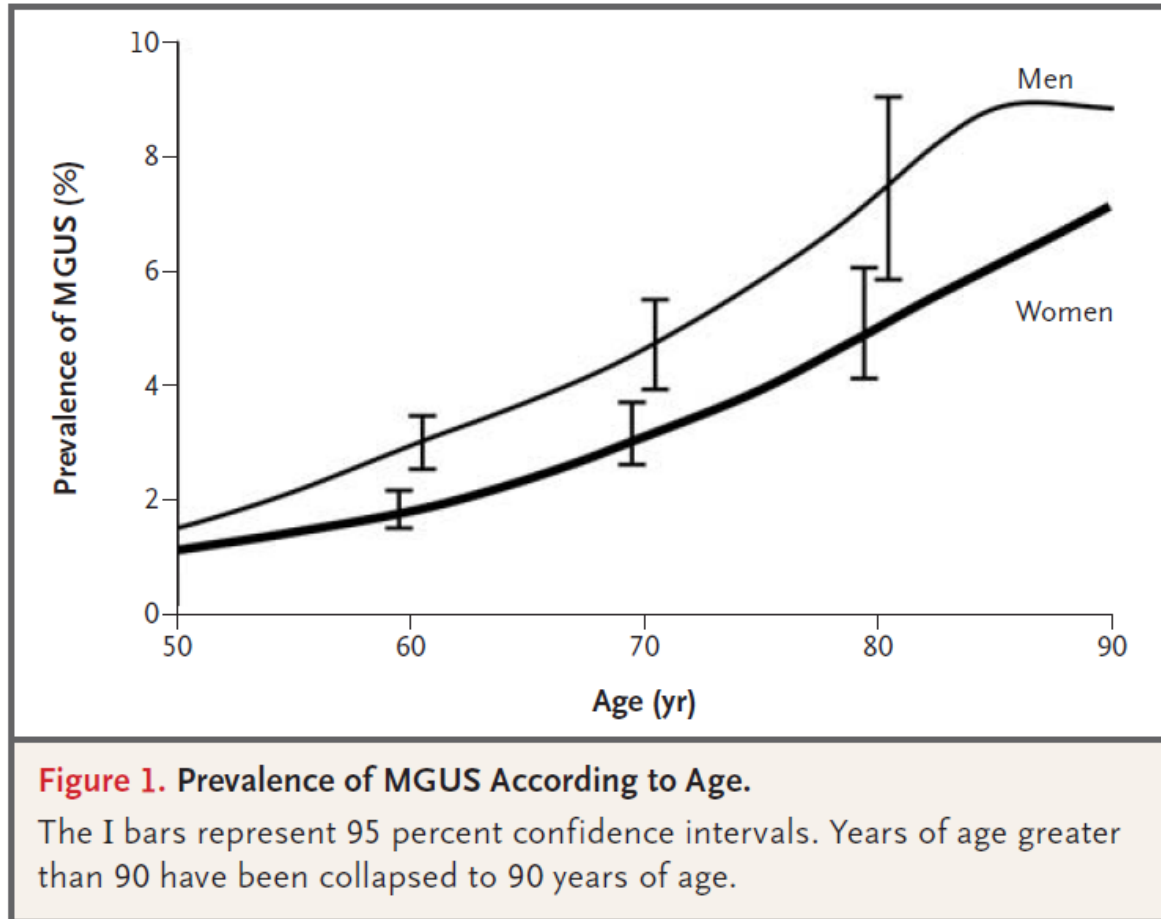


< 10% plasma cells in the bone marrow



no myeloma defining event
/CRAB

MGUS



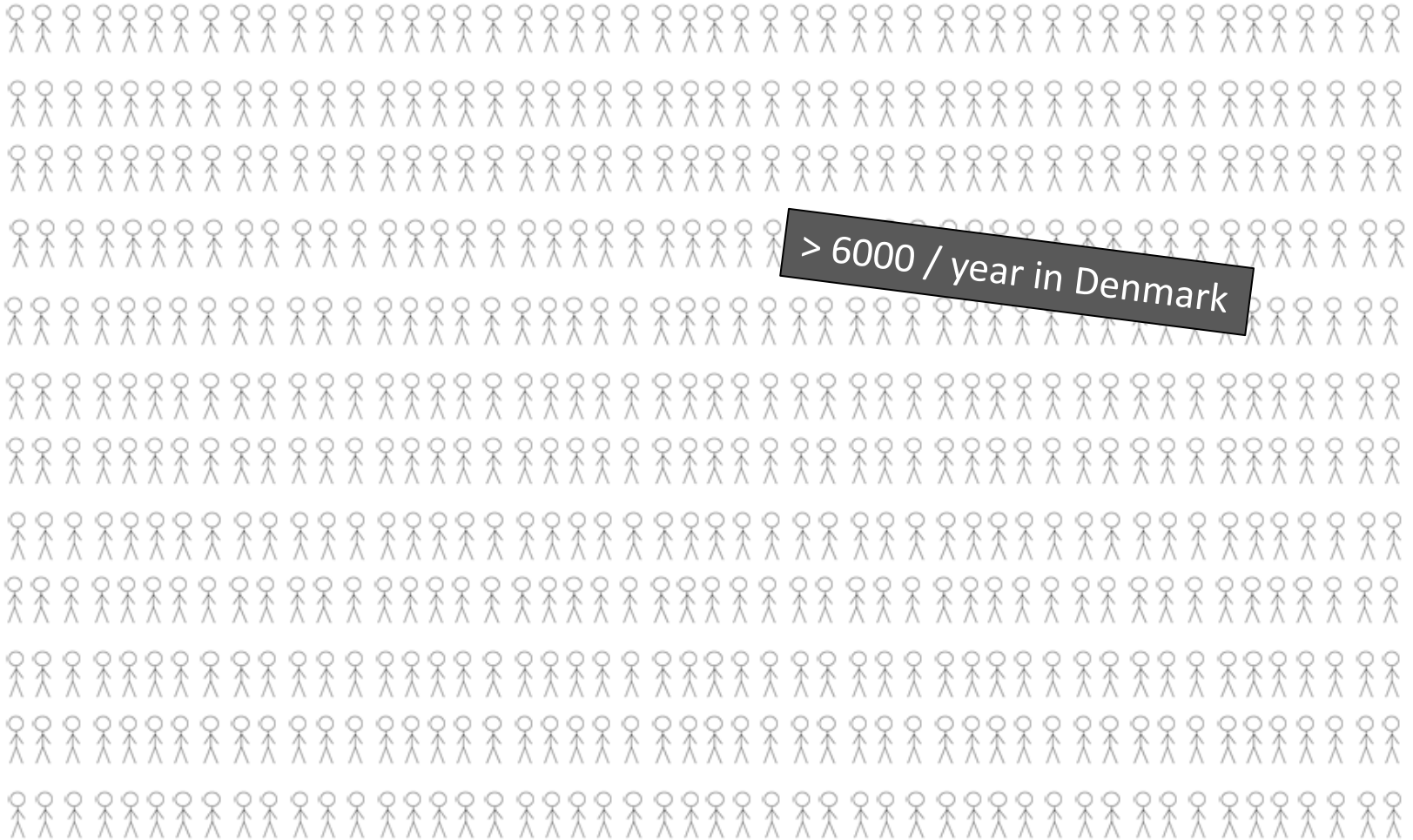
MGUS

Premalignant clonal disorder

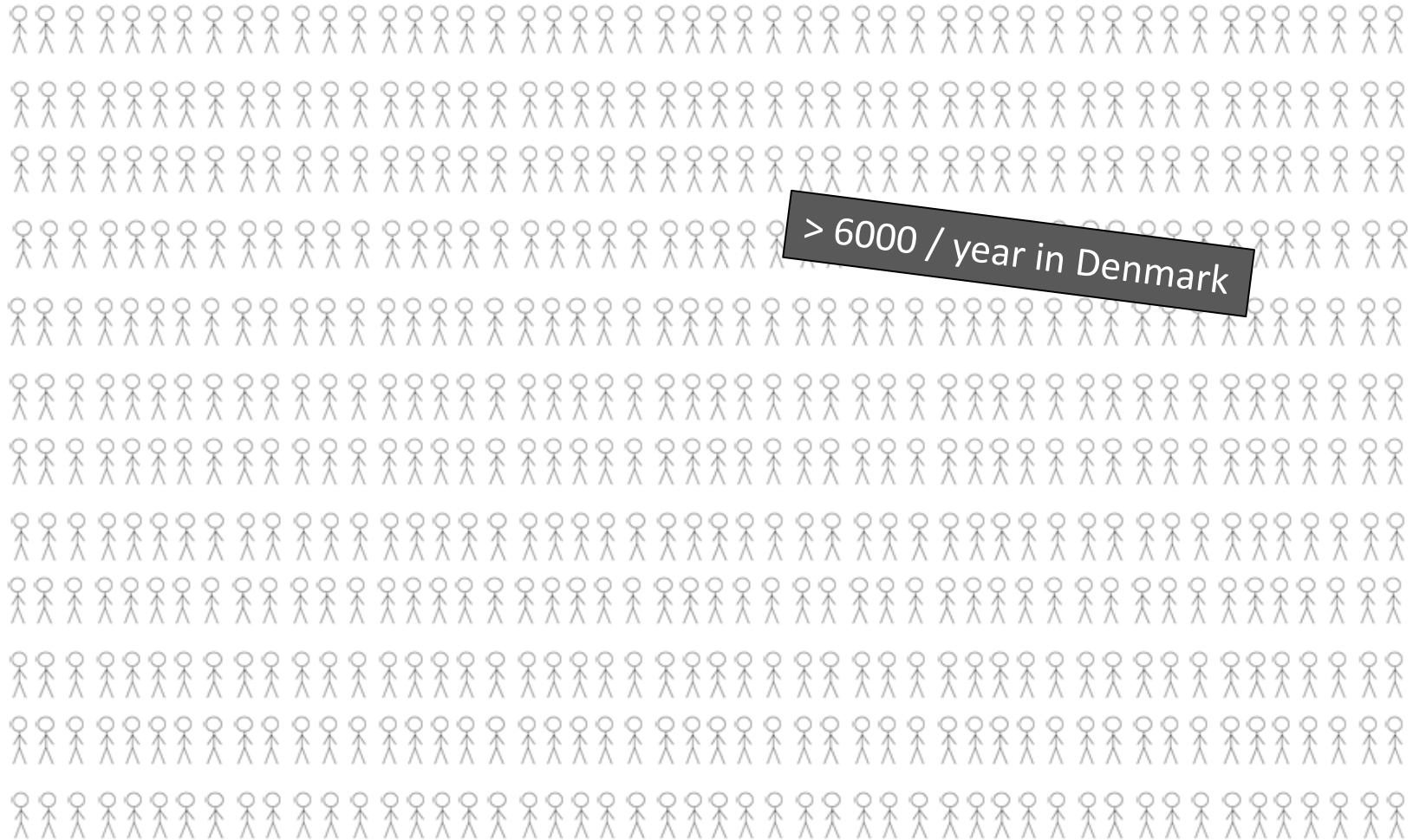
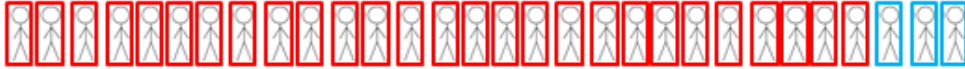
AGE AND PREVALENCE OF MGUS

≥ 50 years	3,2 %
≥ 70 years	5,3 %
≥ 85 years	7,5 %

MGUS

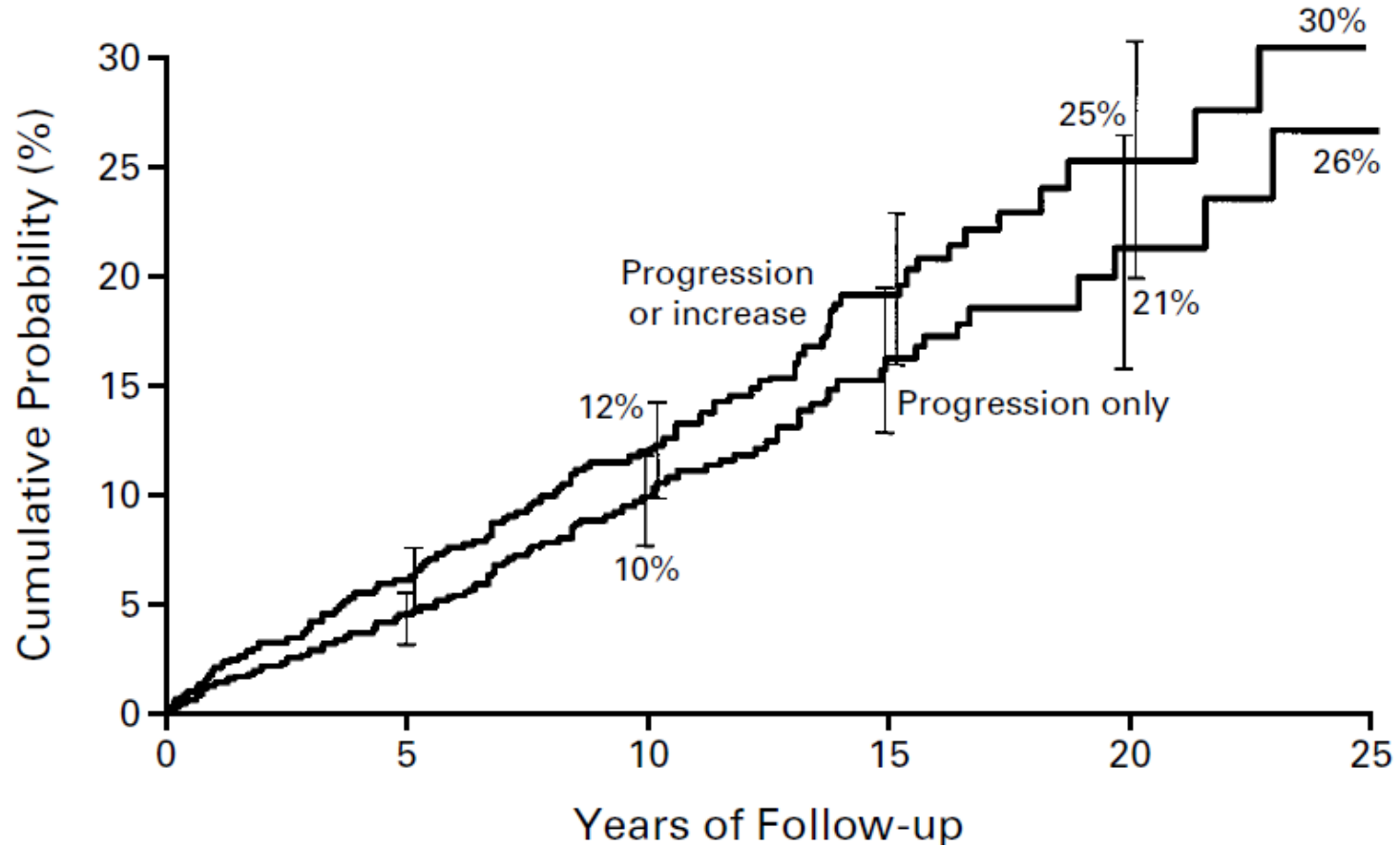


MGUS

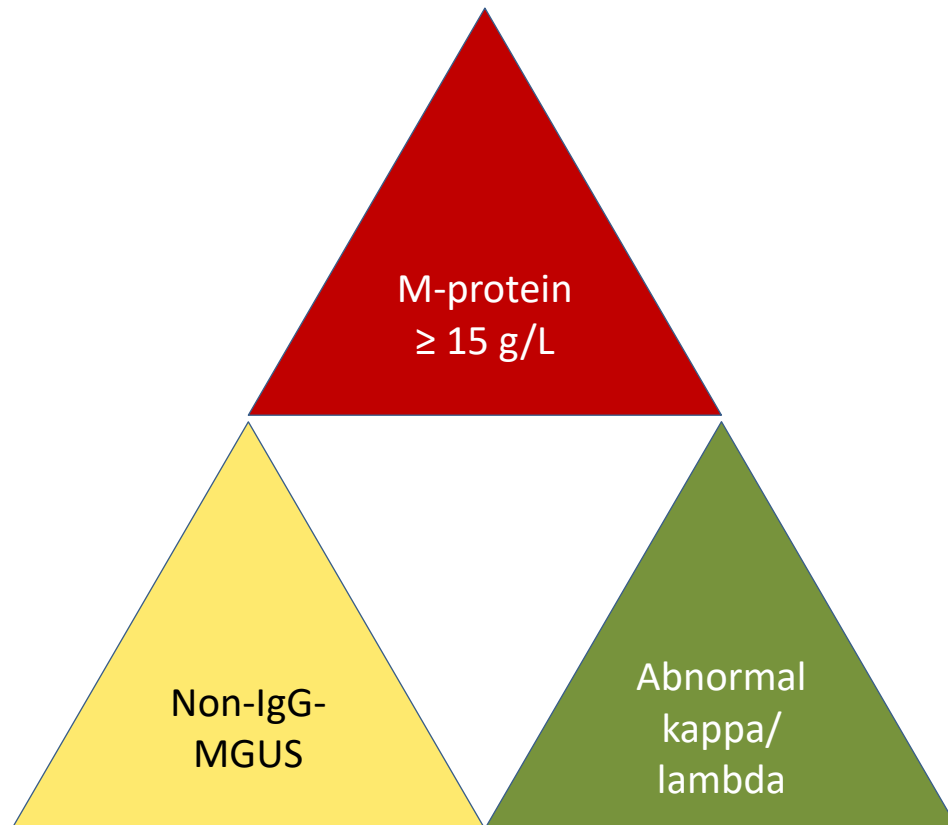


> 6000 / year in Denmark

MGUS

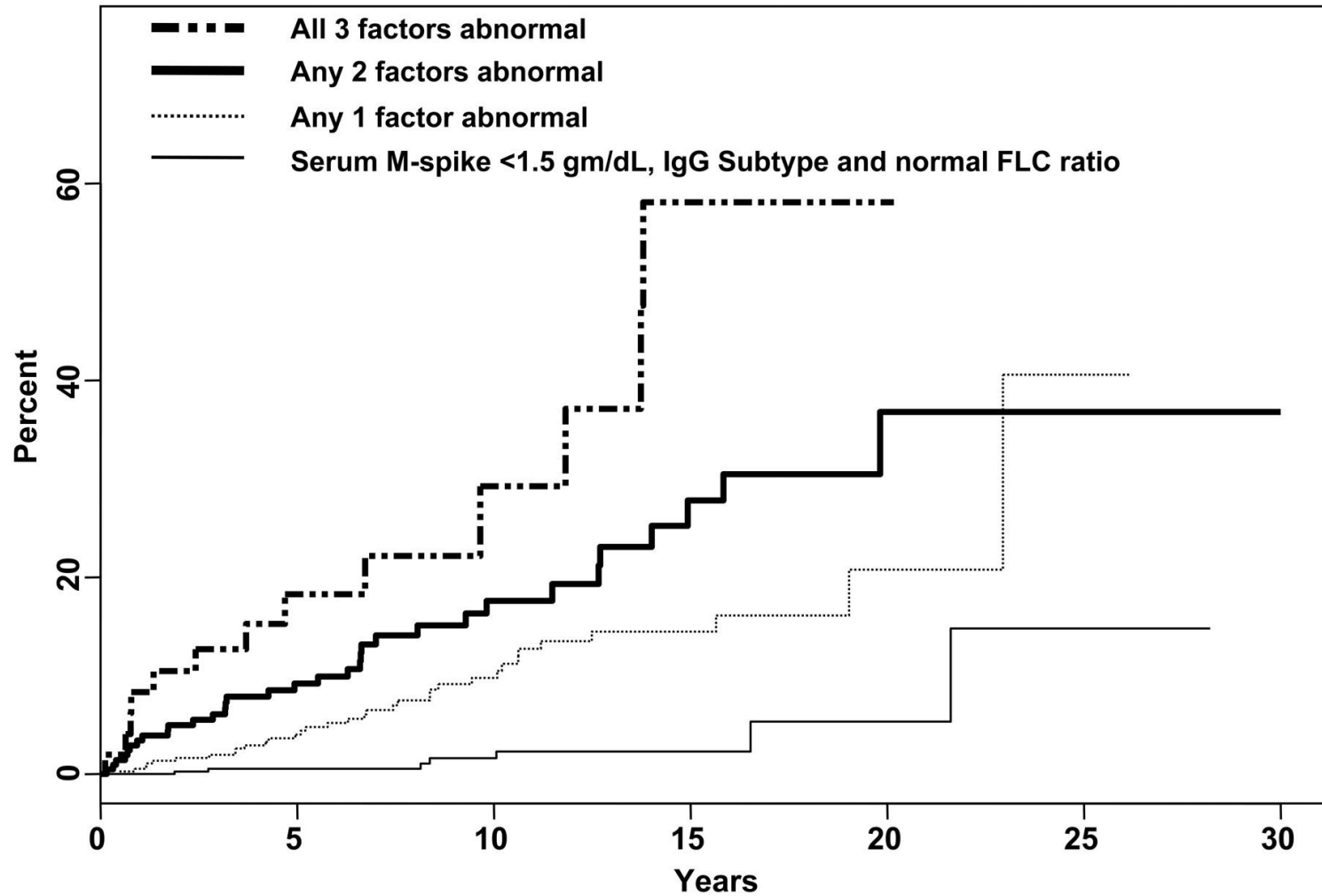


MGUS



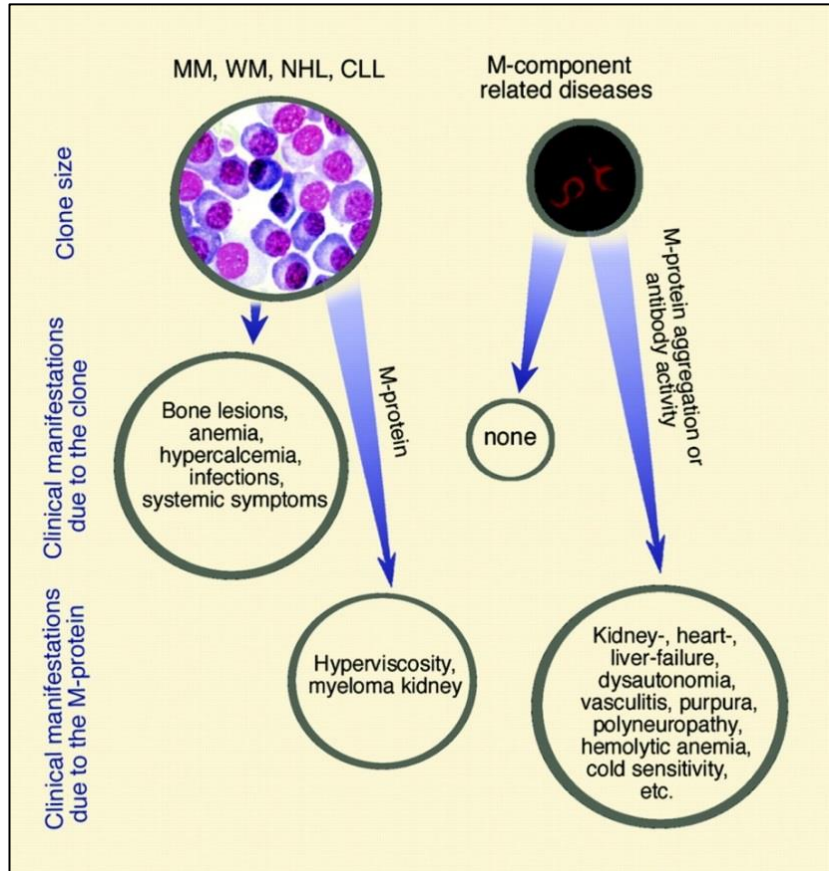
No. of risk factors	absolute risk of disease progression over 20 years
0	5 %
1	21 %
2	37 %
3	58 %

MGUS



MGUS

SYMPTOMATIC



Dangerous small B-cell clones
 Giampaolo Merlini and Marvin J. Stone

The detection of a monoclonal immunoglobulin in serum or urine usually raises concerns about the size of the underlying B-cell-derived clone and possible systemic effects caused by its expansion. However, a small clone can synthesize a very toxic protein, producing devastating systemic damage and protean clinical presentations. The resulting "monoclonal component-related diseases," although difficult to diagnose, may be progressive and even fatal. The monoclonal protein can aggregate and deposit systemically as occurs in light-chain amyloidosis, monoclonal immunoglobulin deposition disease, crys-

tal-storing histiocytosis, and monoclonal cryoglobulinemia. Alternatively, some monoclonal proteins possess antibody activity toward autogenous antigens and cause chronic cold agglutinin disease, mixed cryoglobulinemia, and peripheral neuropathies. Other humoral mediators may contribute to neuropathy in variant disorders such as the POEMS (polyneuropathy, organomegaly, endocrinopathy, M protein, and skin changes) syndrome. The clone synthesizing the noxious monoclonal proteins is often small, and sensitive techniques may be required to detect these immunoglobulins. A delay in diag-

nosis can allow irreversible organ damage and dramatically shorten survival. Prompt recognition of suggestive signs and symptoms should trigger a thorough diagnostic approach to reach the correct diagnosis quickly, because this is the key to effective therapy. Although the treatment of these conditions is not optimal, significant advances have been made, improving the duration and quality of life. (Blood. 2006;108:2520-2530)

© 2006 by The American Society of Hematology

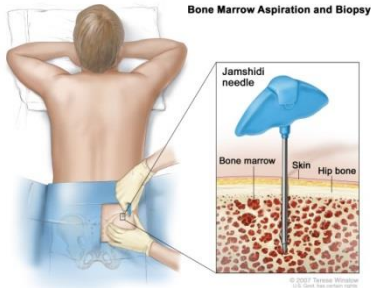
Smouldering Myeloma

Smouldering myeloma

Ulmende knoglemarvskræft / asymptomatisk myelomatose



M-protein ≥ 30 g/L and/or

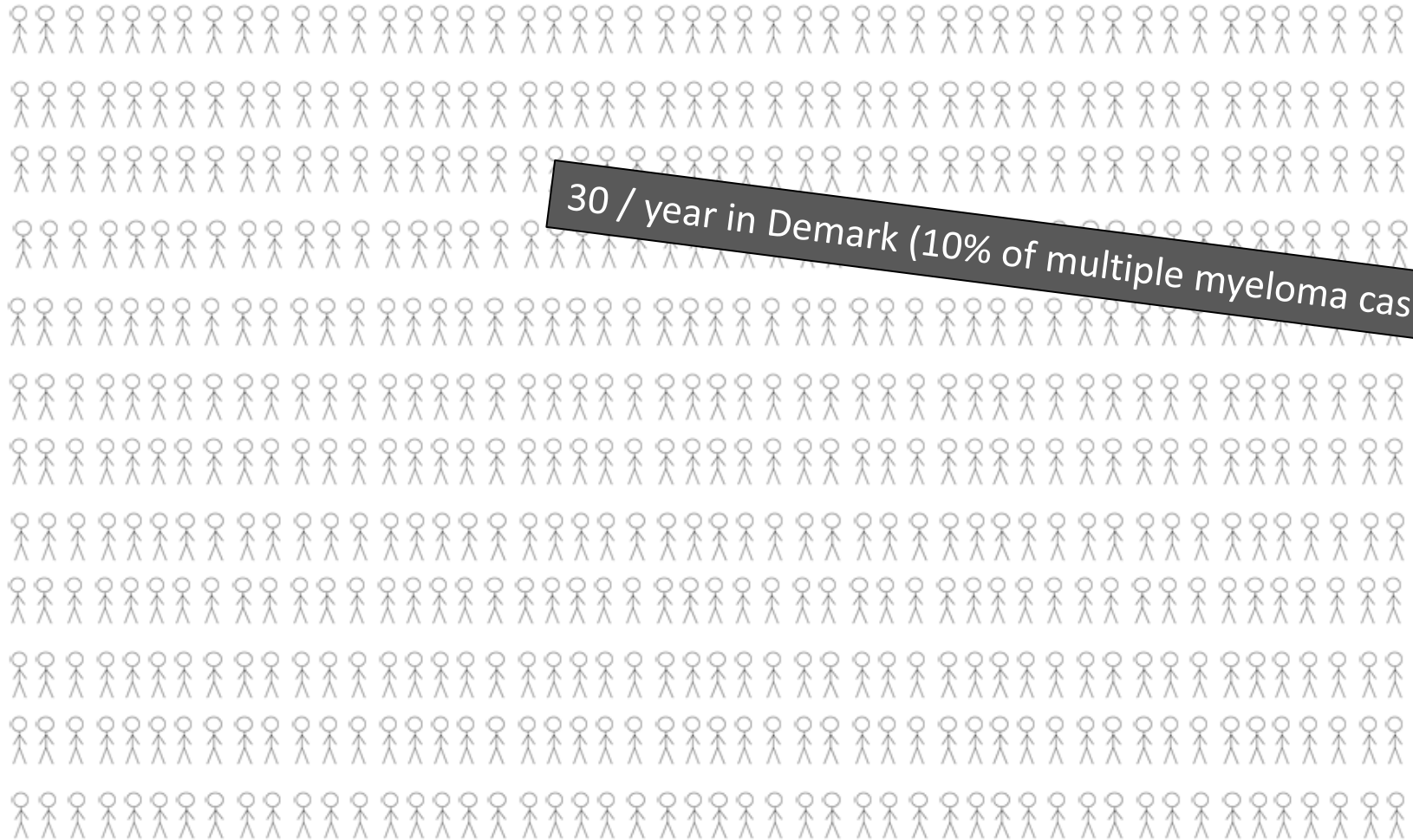
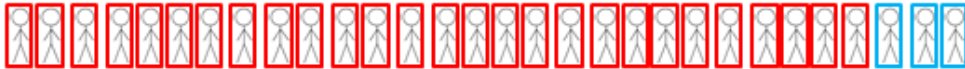


$10\% \leq$ plasma cells in the bone marrow $< 60\%$



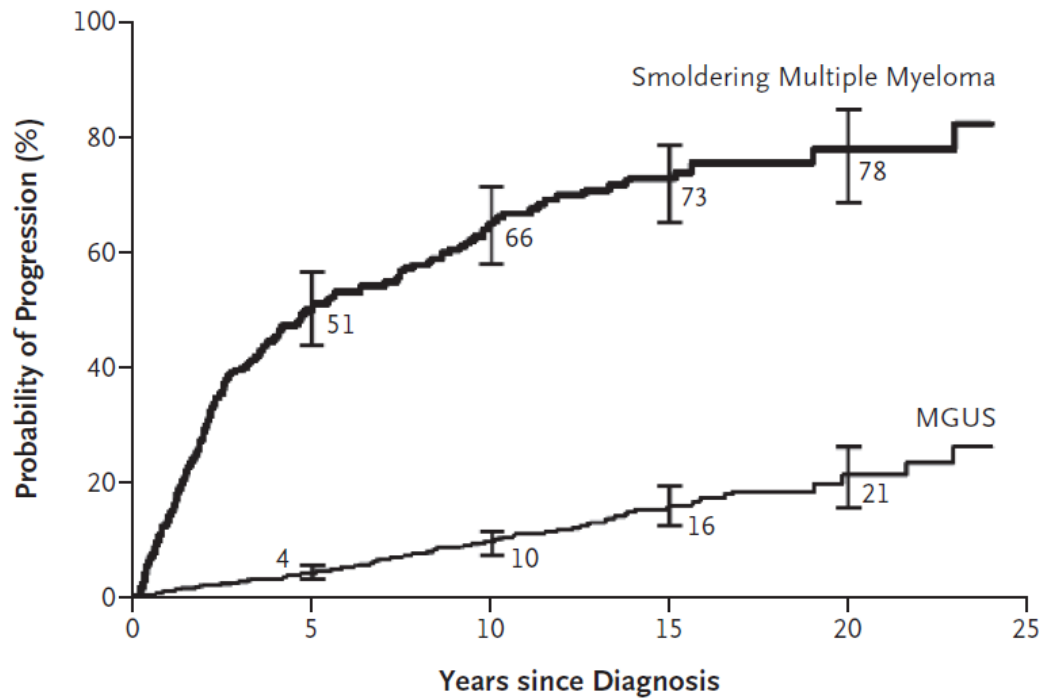
no myeloma defining event
/CRAB

Smouldering myeloma



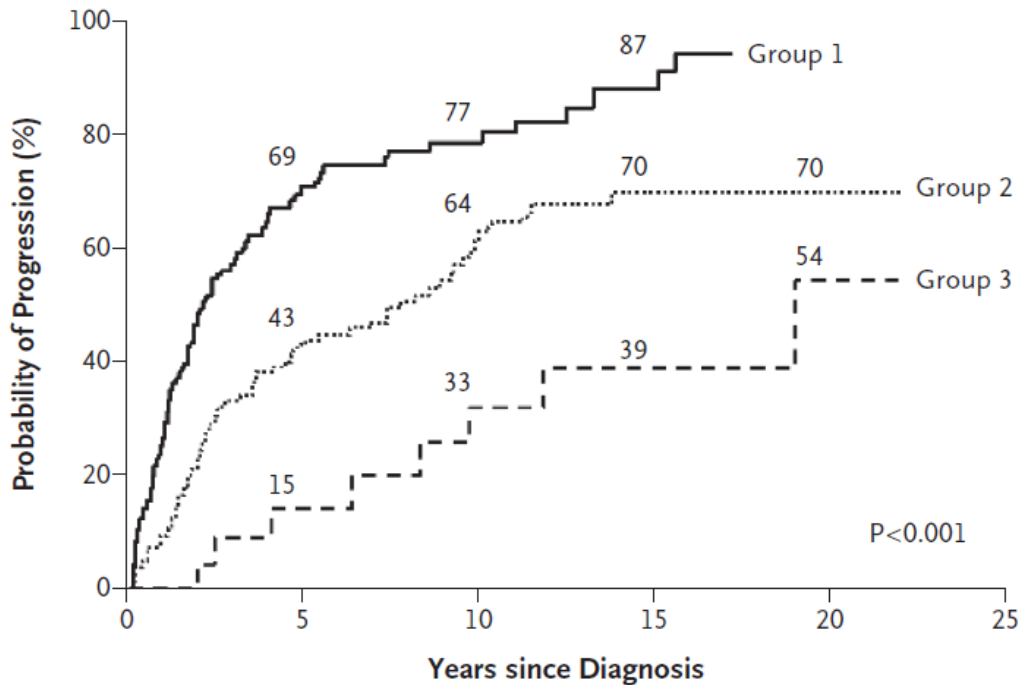
30 / year in Demark (10% of multiple myeloma cases)

Smouldering myeloma



Kyle N Engl J Med. 2007 Jun 21;356(25):2582-90.

Smouldering Multiple Myeloma



RISK-STRATIFICATION MODEL

group 1

- bone marrow plasma cells, $\geq 10\%$;
- M-protein ≥ 30 g/L

group 2

- plasma cells, $\geq 10\%$
- M-protein < 30 g/L

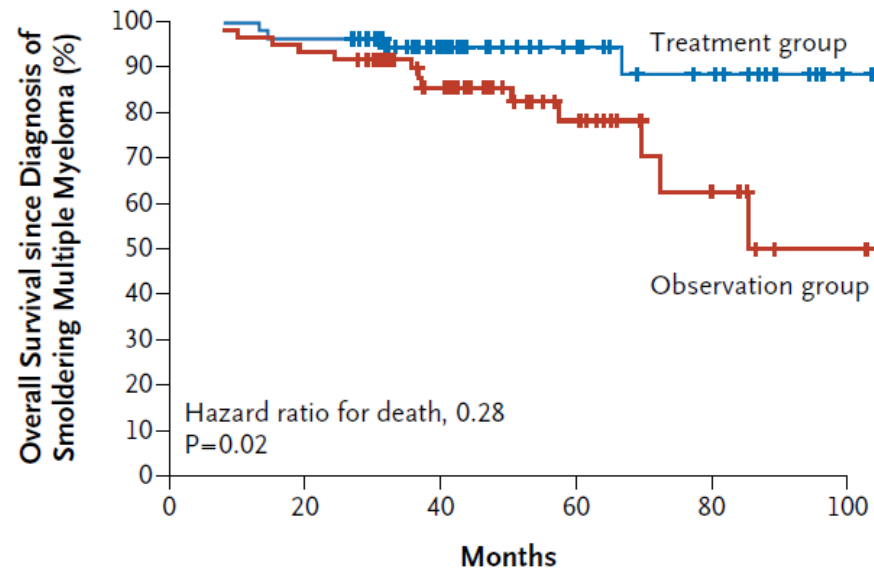
group 3

- plasma cells, $< 10\%$;
- M-protein ≥ 30 g/L

Smouldering Multiple Myeloma

Lenalidomide plus Dexamethasone for High-Risk Smoldering Multiple Myeloma

c

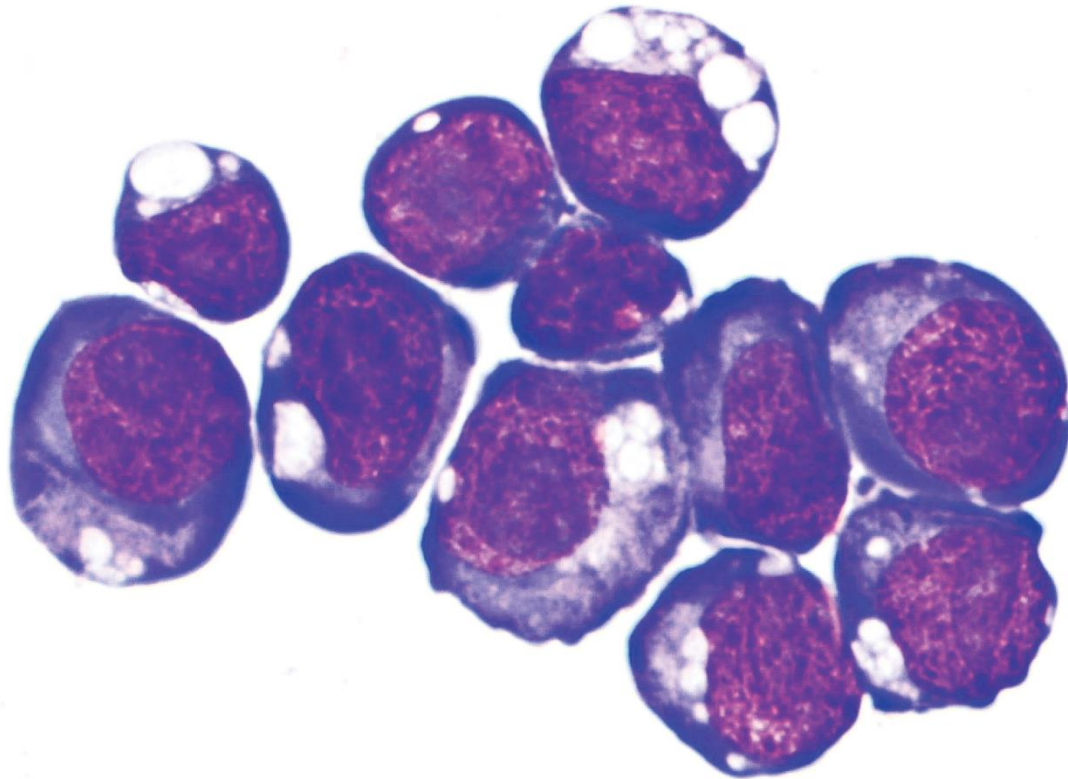


No. at Risk

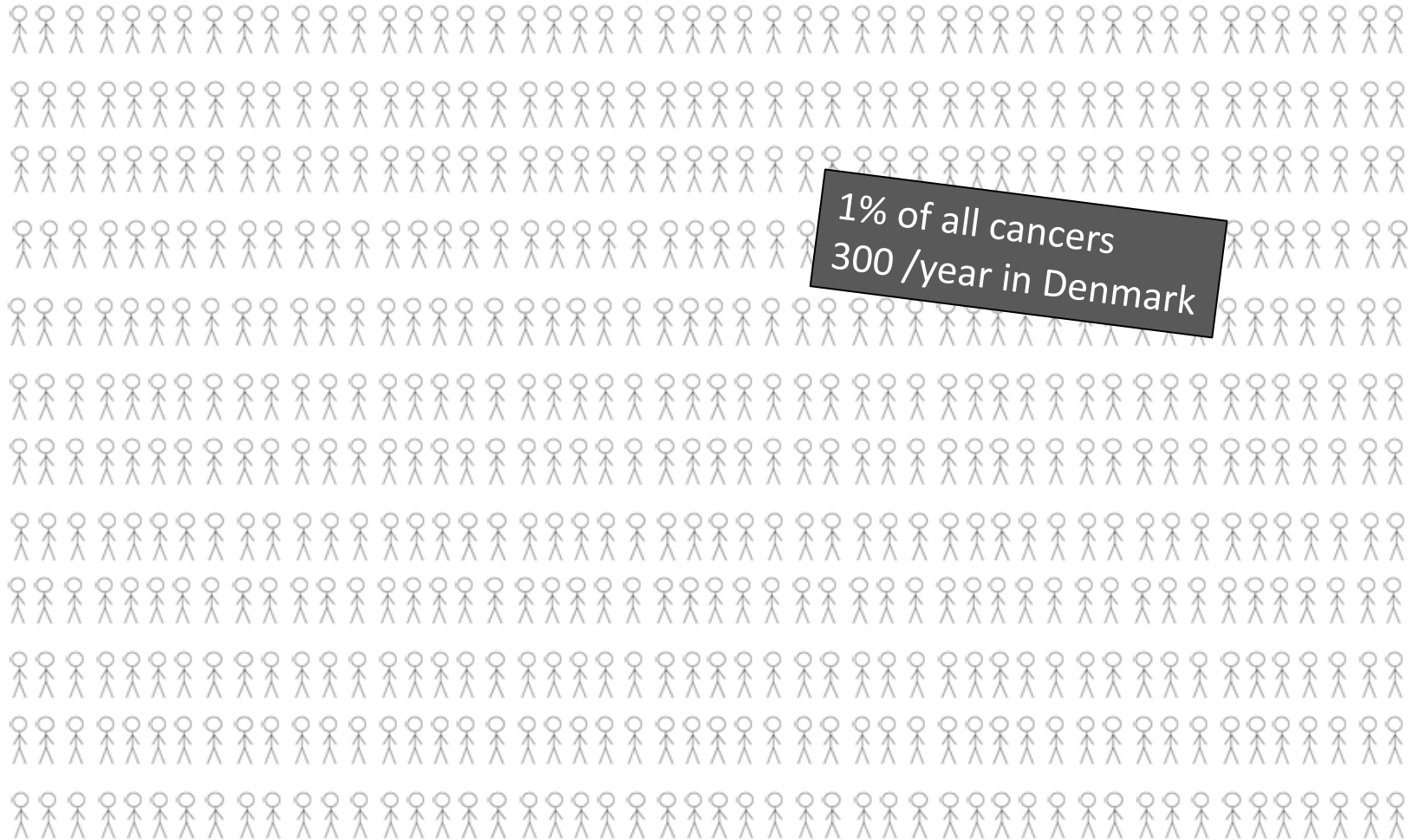
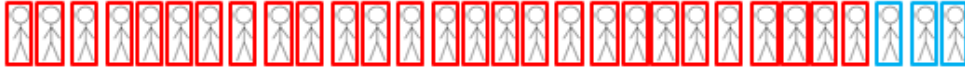
Treatment group	57	55	35	21	13	2
Observation group	62	58	39	19	7	1

Symptomatic / Active Multiple Myeloma

Multiple myeloma

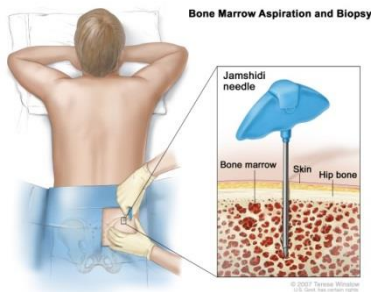


Multiple Myeloma

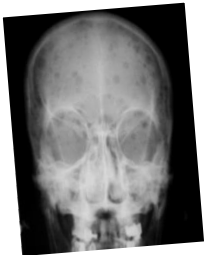


1% of all cancers
300 /year in Denmark

Multiple myeloma



$10\% \leq$ clonal plasma cells in the bone marrow



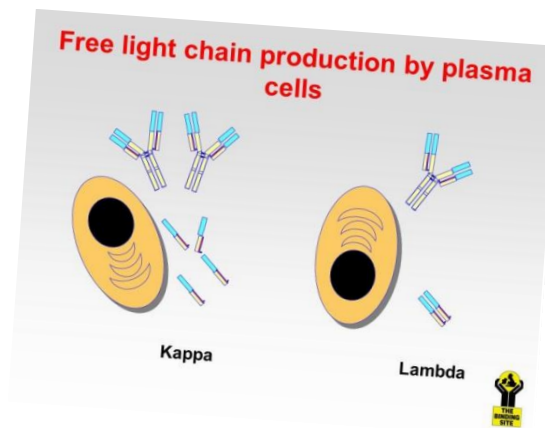
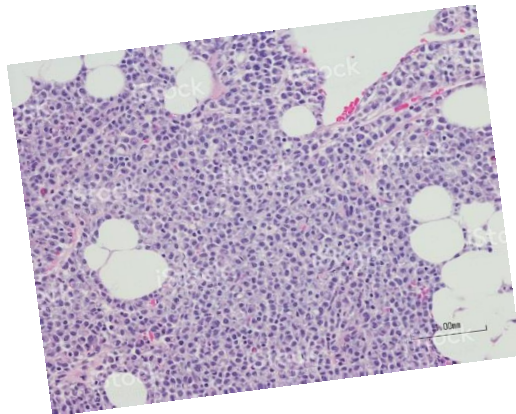
myeloma defining event
/CRAB present

Multiple myeloma

Presence of a biomarker associated with inevitable progression to end-organ damage

involved/uninvolved FLC ratio ≥ 100

$\geq 60\%$ clonal plasma cells in the bone marrow

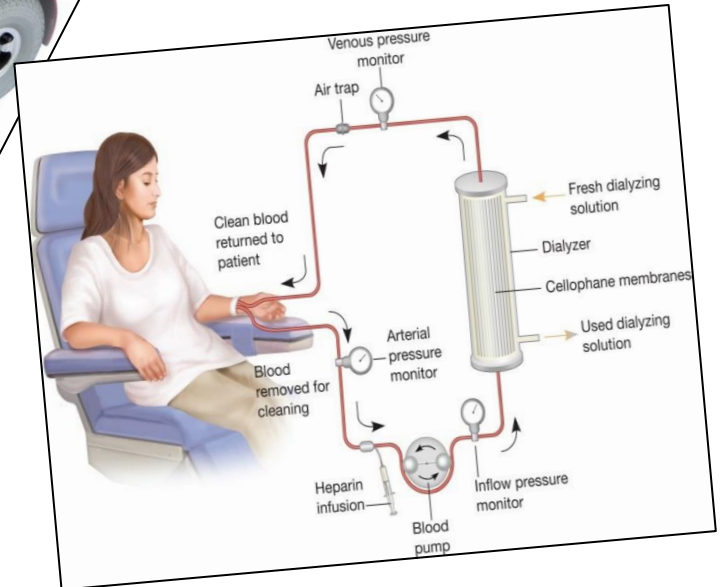
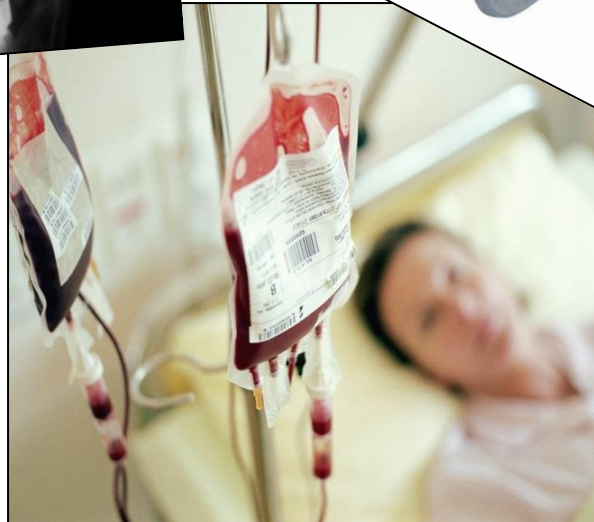


MRI with \geq focal lesion



Rajkumar Lancet Oncol. 2014 Nov;15(12):e538-48.

CRAB

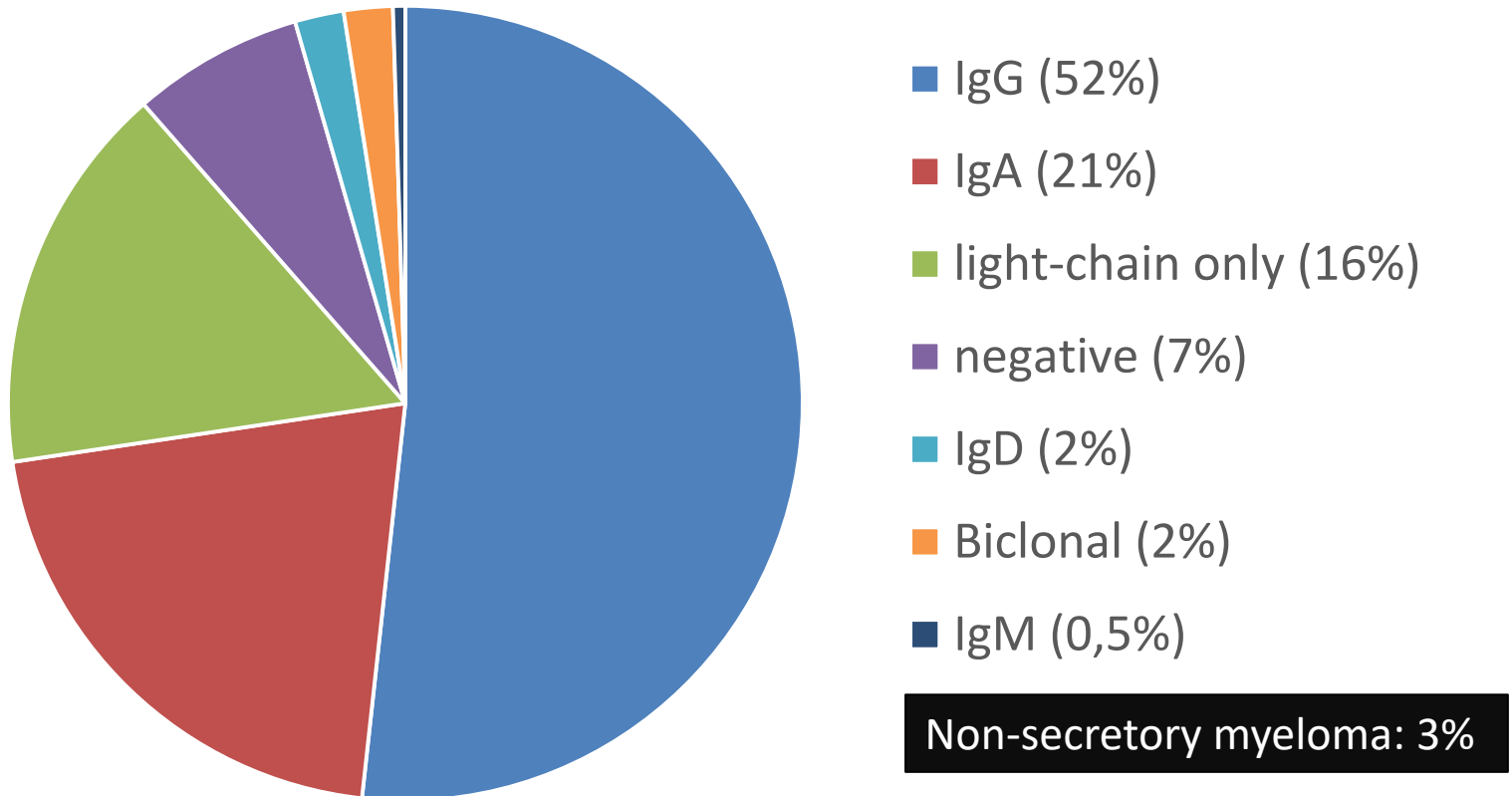


symptome	present at diagnosis
bone pain	58%
fatigue / generalized weakness	32%
weight loss	24%

M-protein serum/urine	93%
lytic lesions on X-ray	80%

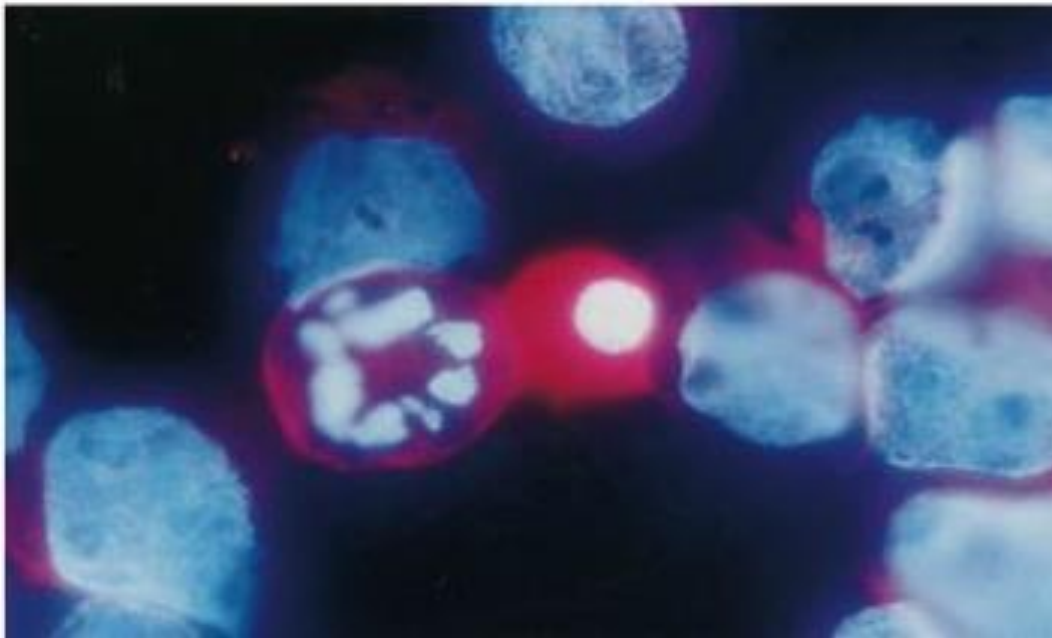
pathologic finding	present at diagnosis
anemia	73%
renal failure	20-48%
hypercalcemia	28%
Haemodialysis dependent acute renal failure	3-9%
cord compression	5%
infection	↑

Serum monoclonal proteins



Anemia

cytotoxic mechanisms exerted by myeloma cells
chronic inhibition of erythropoiesis



Silvestris et al. Blood. 2002 Feb 15;99(4):1305-13

Anemia: treatment

1

anti-myeloma treatment



2

Stimulation of red blood cell production



3

Transfusion of red blood cells



Anemia: treatment

recombinant human erythropoietin (EPO)
increases of hemoglobin levels over an extended time without the risks of blood transfusions



Ludwig et al. N Engl J Med. 1990 Jun 14;322(24):1693-9.

Anemia: treatment

risks of viral infections

iron overload

allergic reactions

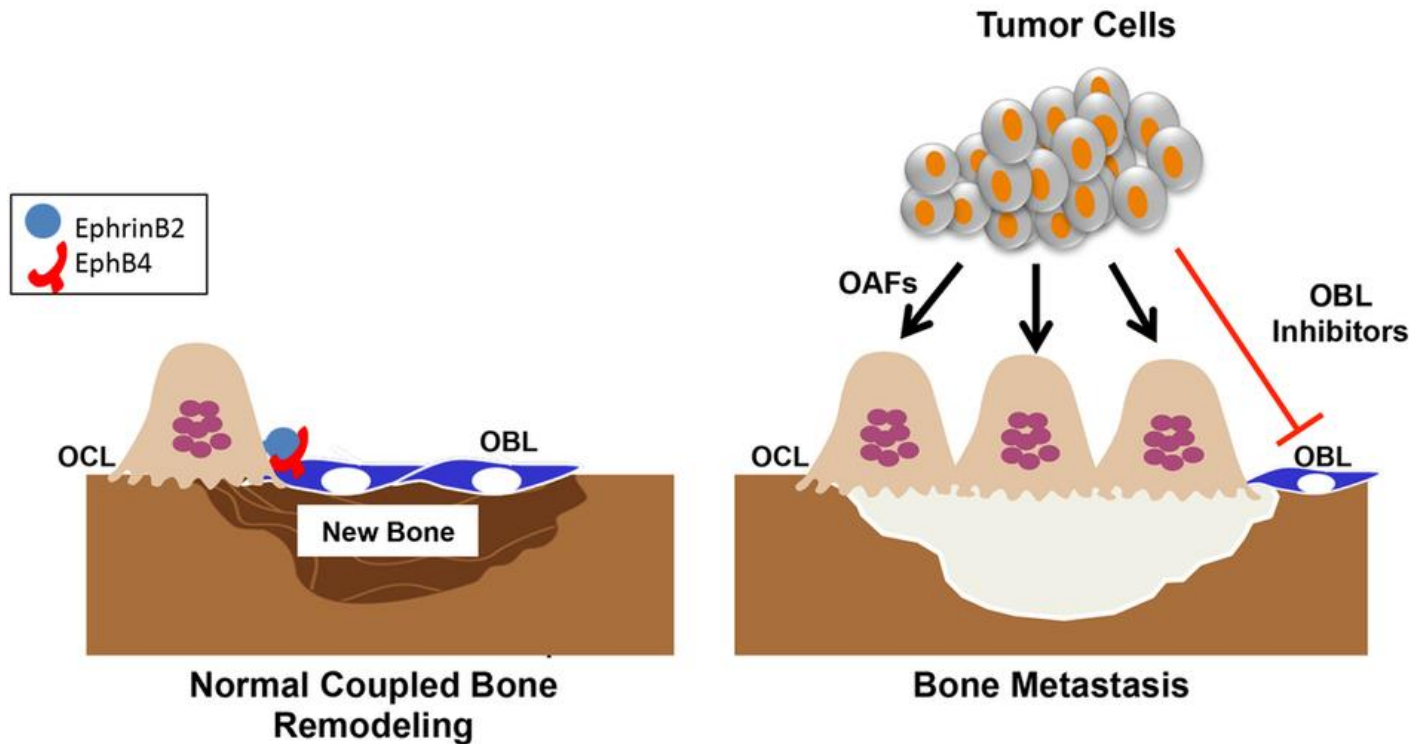
sensitization to histocompatibility antigens



Ludwig et al. N Engl J Med. 1990 Jun 14;322(24):1693-9.

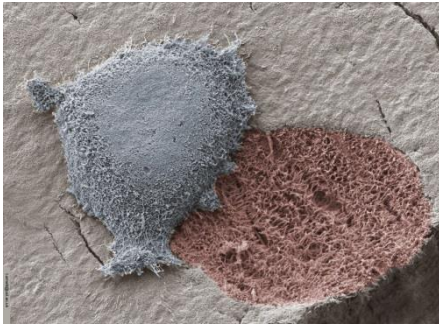
Bone disease

Uncoupling of Bone Remodeling in Bone Metastasis

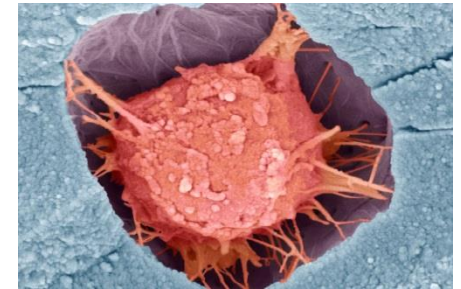


Bone disease

Increased osteoclast activity

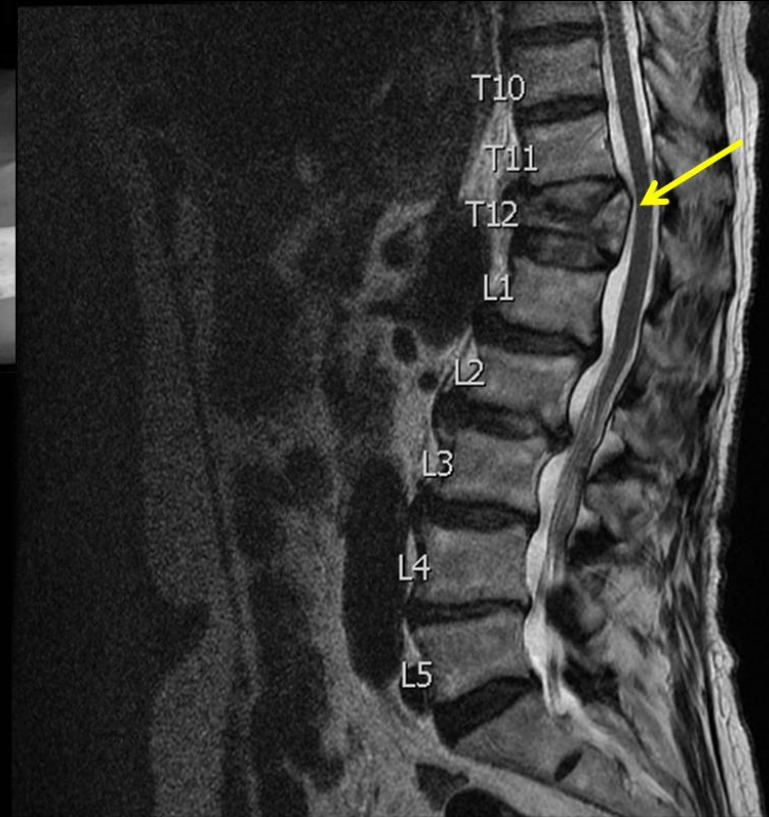


Decreased osteoblast activity



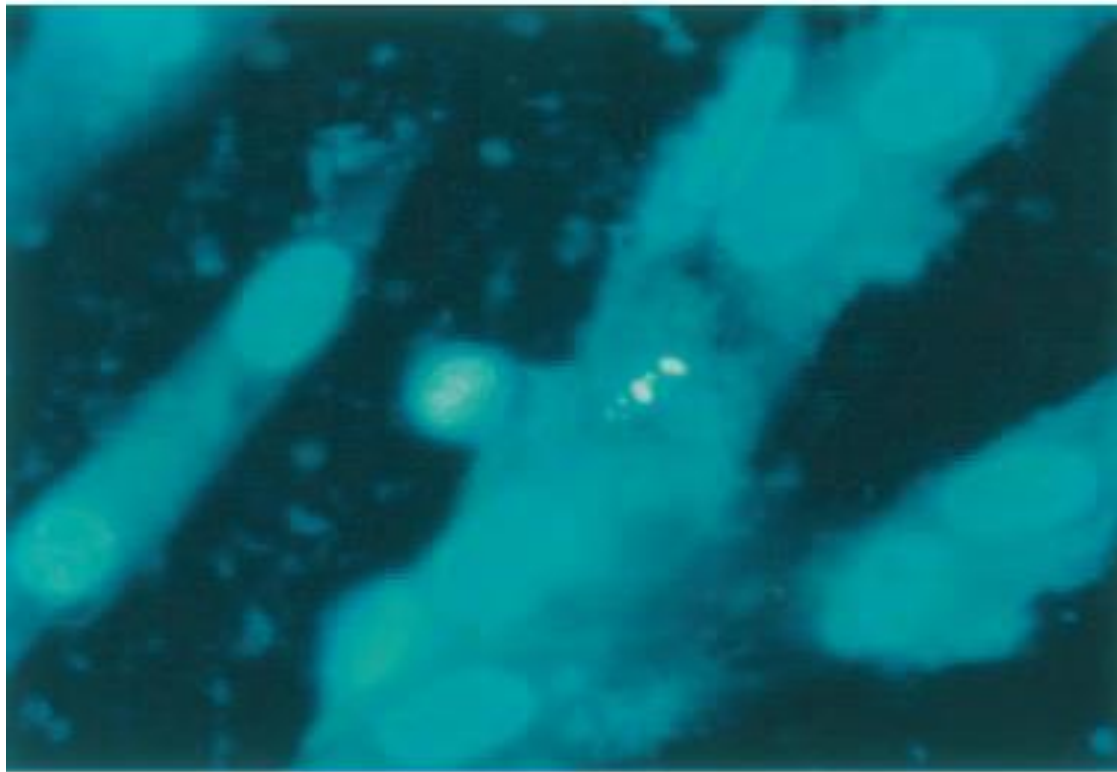
Bone disease

Lytic lesions
Severe bone pain
Pathologic fractures
Hypercalcemia



Bone disease

adhesion of the myeloma cell to the osteoblast undergoing nuclear fragmentation



Silvestris et al. Br J Haematol. 2004 Aug;126(4):475-86.

Bone disease: treatment

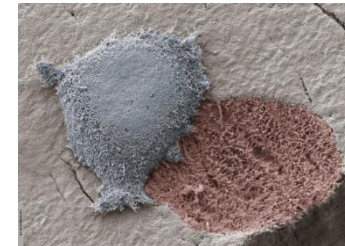
1

anti-myeloma treatment



2

inhibition of bone resorption



Bone disease: treatment

1

anti-myeloma treatment

Bortezomib
Increases osteoblast activity



Lenalidomide
Inhibits osteoclast formation



Roodman et al. Leukemia. 2009 Mar;23(3):435-41.

Bone disease

2

inhibition of bone resorption

Zoledronic acid (Zometa)



Denosumab



Roodman et al. Leukemia. 2009 Mar;23(3):435-41.

Bone disease: treatment

Zoledronic acid (Zometa)

i.v. infusion every 3-4 weeks

relieves pain

decreases incidence of fractures

extends overall survival



osteonecrosis of the jaw (4%)



acute renal failure (6%)



Morgan Lancet Oncol. 2011 Aug;12(8):743-52.

Bone disease

Denosumab

s.c. injection

Non-inferior to Zometa



Similar incidence of osteonecrosis of the jaw 1.1% (at 3 years)



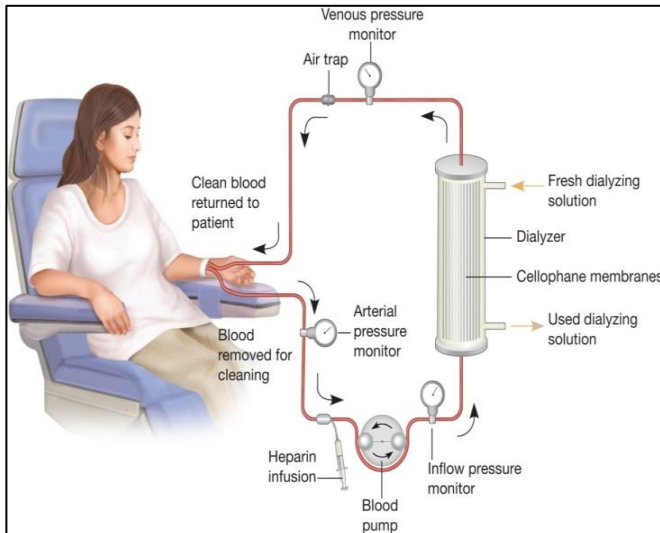
Similar incidence of renal failure (2.3%)



Renal disease

20-50% of patients at the time of diagnosis

Hemodialysis dependent acute renal failure occurs in 3-9% at diagnosis



dialysis dependent end-stage renal disease
life expectancy: 26 months

Knudsen Eur J Haematol. 1994 Oct;53(4):207-12.

Gonsalves Blood Cancer J. 2015 Mar 20;5:e296.

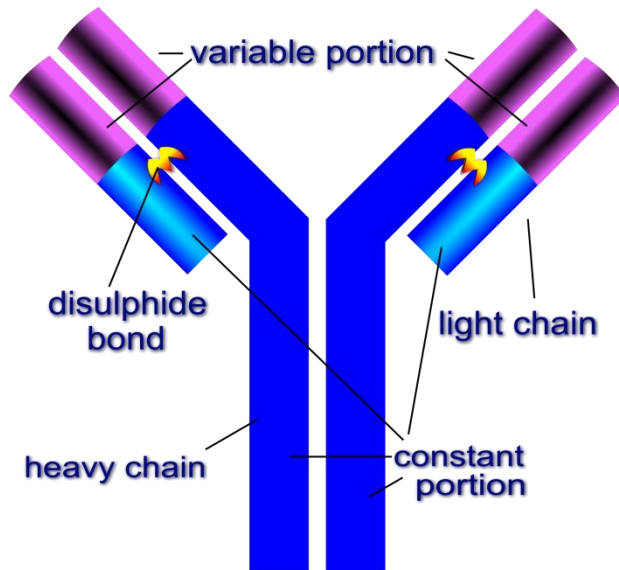
Vonesh Kidney Int. 2004 Dec;66(6):2389-401.

Bloembergen J Am Soc Nephrol. 1995 Aug;6(2):184-91.

Renal disease

M-protein related: 73%

Non-M-protein related: 27%



Hypercalcemia

Volume depletion

Infection

Nephrotoxic drugs

Hyperuricemia

Intravenous contrast media

Hypertensive kidney disease

Diabetic kidney disease

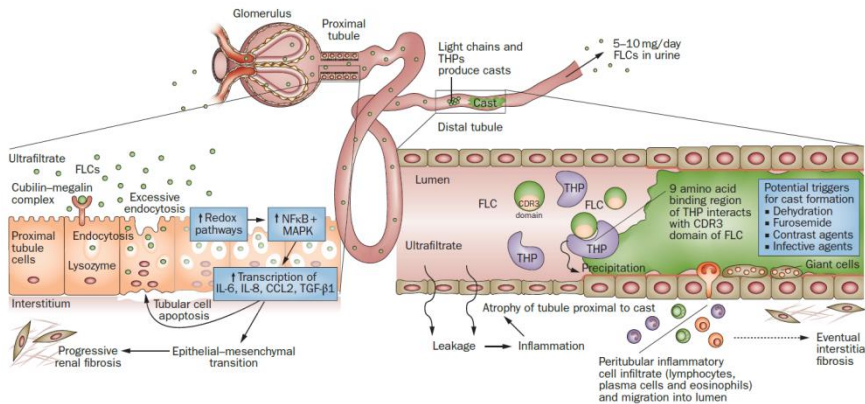
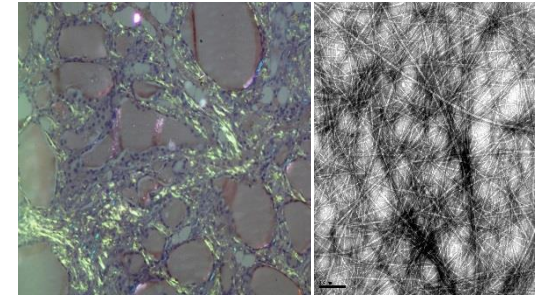
Nasr Am J Kidney Dis. 2012 Jun;59(6):786-94.

Montseny Nephrol Dial Transplant. 1998 Jun;13(6):1438-45.

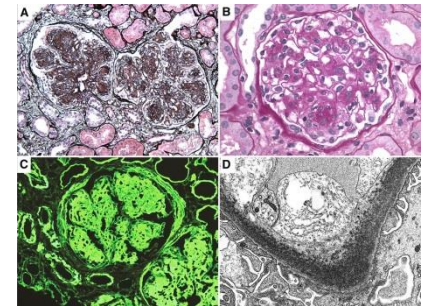
M-protein related renal disease

Cast nephropathy
(33-41%)

AL
Amyloidosis
(21-30%)



Monoclonal
immunoglobulin
deposition disease
(19-22%)



Nasr Am J Kidney Dis. 2012 Jun;59(6):786-94.
Montseny Nephrol Dial Transplant. 1998 Jun;13(6):1438-45.
Hutchison Nat Rev Nephrol. 2011 Nov 1;8(1):43-51.

Renal disease: treatment

1

anti-myeloma treatment



2

artificial removal of
monoclonal free light
chains (controversial)



Renal disease: MYRE trial

98 Patients with cast nephropathy

High cut-off hemodialysis (HCO-HD)

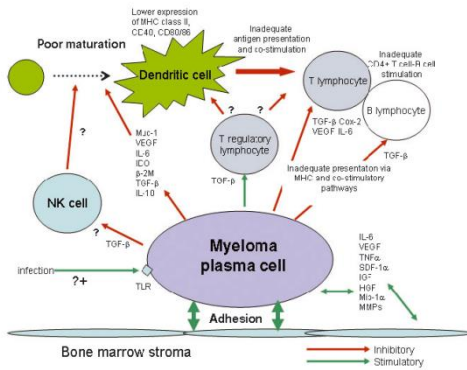
bortezomib- dexamethasone
(cyclophosphamide reinforcement)

End-point	HCO-HD	Standard HD
3 months HD independence	41%	33%
6 months HD independence	57%	35%
12 months HD independence	61%	37,5%
12 months survival	52%	35%

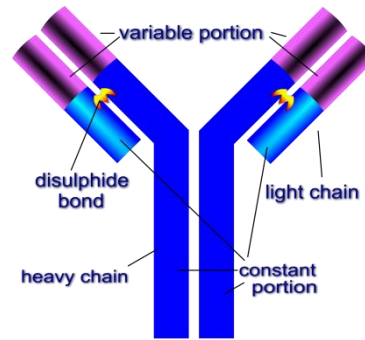


Infections

complex immunodeficiency



advanced age and co-morbidities



Hypogammaglobulinemia and decreased vaccination responses

therapy-related immunosuppression



Blimark Haematologica. 2015 Jan; 100(1): 107–113.
 Nucci Clin Infect Dis. 2009 Oct 15;49(8):1211-25.
 Pratt Br J Haematol. 2007 Sep;138(5):563-79.

Kastritis Leukemia. 2014 Oct;28(10):2075-9.
 Karlsson Clin Vaccine Immunol. 2016 Apr; 23(4): 379–385.
 Rapezzi Eur J Haematol. 2003 Apr;70(4):225-30.

Infections

1

anti-myeloma treatment



2

vaccination



3

immunoglobulin replacement therapy



4

prophylactic antibiotics



Pause

Questions?

Myelomatose behandling

Dansk Myelomatose Forening
Konference, 11. marts 2017

Anti-myeloma treatment

Incurable disease



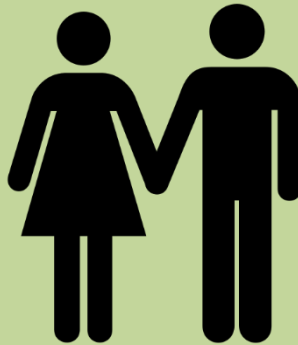
treatment



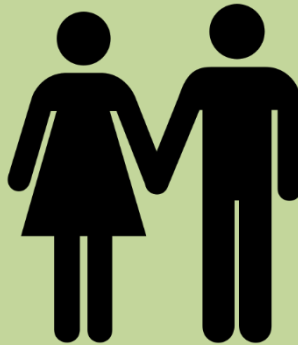
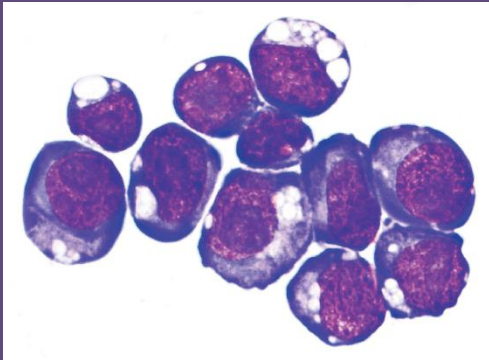
longer survival

side effects

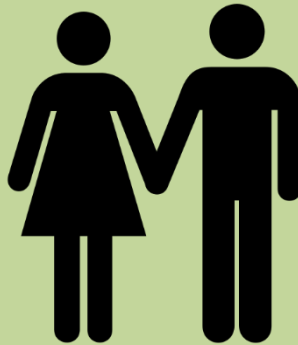
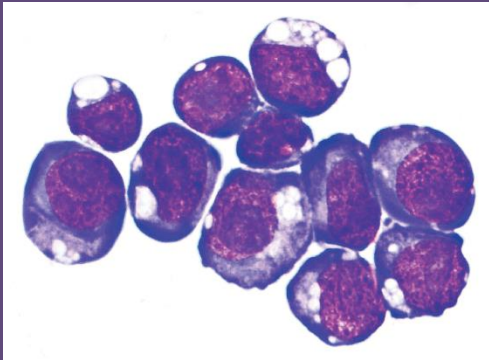
Anti-myeloma treatment



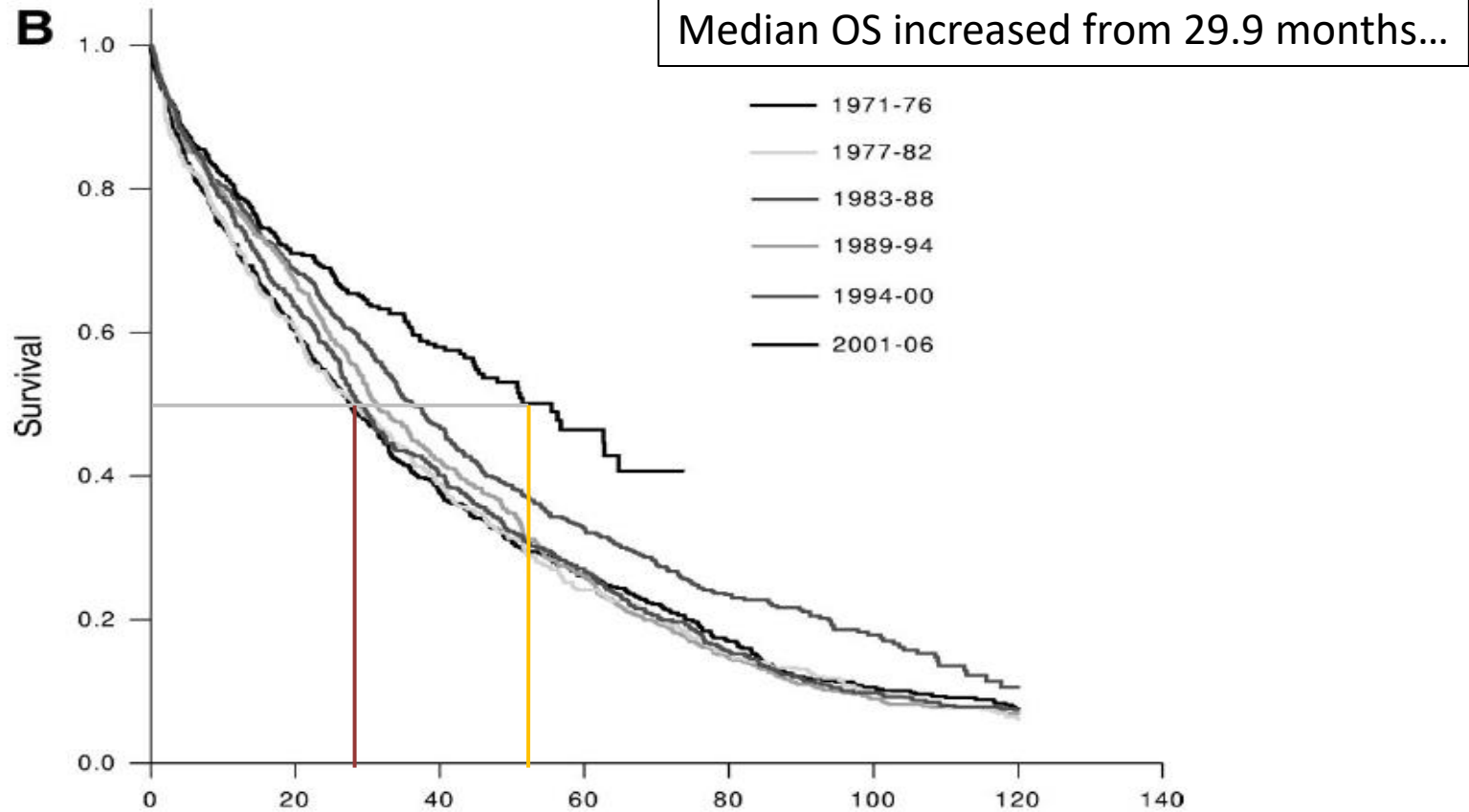
Anti-myeloma treatment



Anti-myeloma treatment



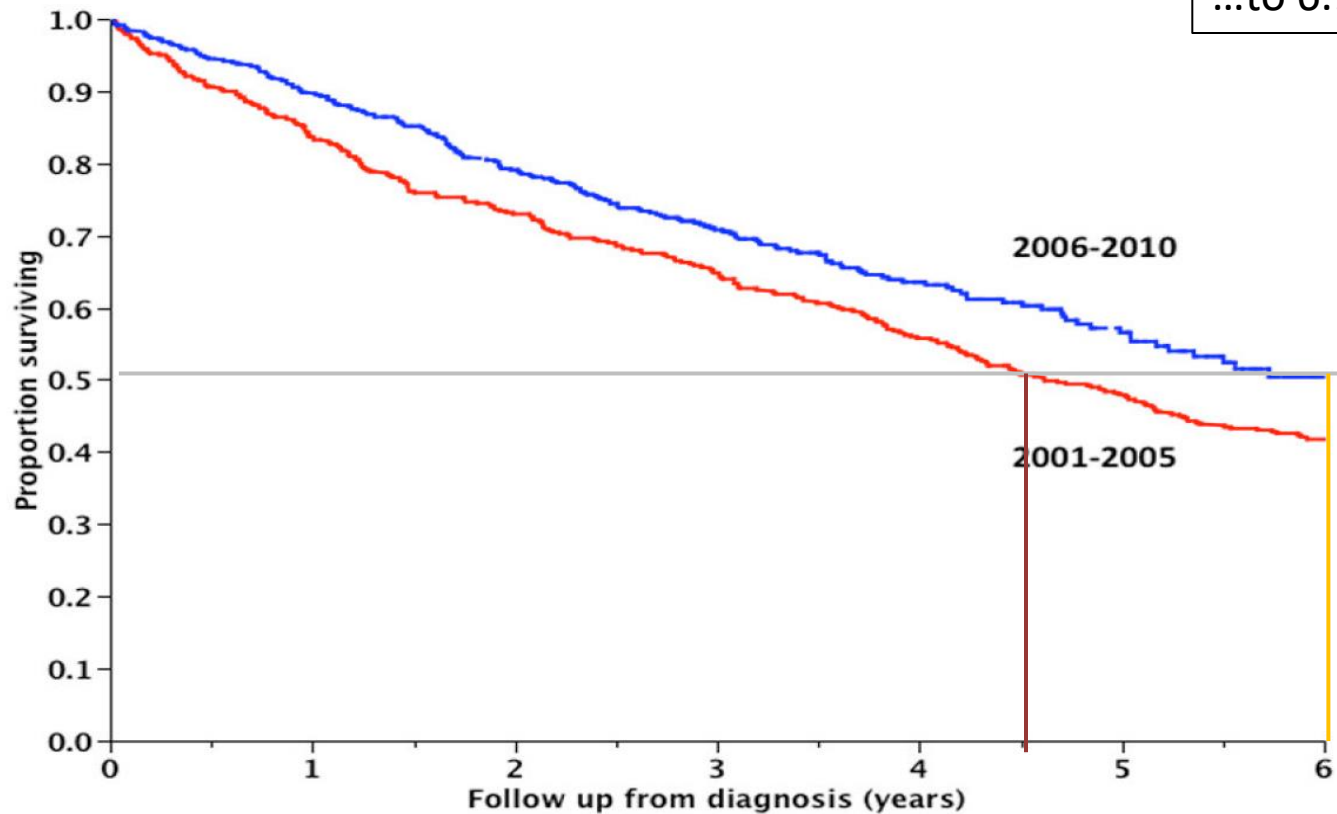
Anti-myeloma treatment outline



Kumar, Blood. 2008;111(5):2516-20.

Anti-myeloma treatment outline

Figure 1A



Anti-myeloma treatment outline

“Chemotherapy”:

Vincristine

Adriamycin

Melphalan

Steroids:

Prednisolone

Dexamethasone

Anti-myeloma treatment outline

“Chemotherapy”:

Vincristine
Adriamycin
Melphalan

Steroids:

Prednisolone
Dexamethasone

“Novel agents”

IMiDS:

Thalidomide
Lenalidomide (Revlimid)

Proteasome inhibitor
Bortezomib (Velcade)

Anti-myeloma treatment outline

“Chemotherapy”:

Vincristine
Adriamycin
Melphalan

Steroids:

Prednisolone
Dexamethasone

“Novel agents”

IMiDS:

Thalidomide
Lenalidomide (Revlimid)

Proteasome inhibitor
Bortezomib (Velcade)

2nd generation IMiD:
Pomalidomide

2nd generation proteasome inhibitor:
Carfilzomib

Oral proteasome inhibitor:
Ixazomib

Anti-myeloma treatment outline

“Chemotherapy”:

Vincristine
Adriamycin
Melphalan

Steroids:

Prednisolone
Dexamethasone

Histone
deacetylase
inhibitors:
Panobinostat
(Farydak)

“Novel agents”

IMiDS:

Thalidomide
Lenalidomide (Revlimid)

Proteasome inhibitor
Bortezomib (Velcade)

2nd generation IMiD:

Pomalidomide (Imnovid)

2nd generation proteasome
inhibitor:

Carfilzomib (Kyprolis)

Oral proteasome inhibitor:

Ixazomib (Ninlaro)

Anti-myeloma treatment outline

“Chemotherapy”:

Vincristine
Adriamycin
Melphalan

Steroids:

Prednisolone
Dexamethasone

“Novel agents”

IMiDS:

Thalidomide
Lenalidomide (Revlimid)

Proteasome inhibitor
Bortezomib (Velcade)

2nd generation IMiD:

Pomalidomide (Imnovid)

2nd generation proteasome inhibitor:

Carfilzomib (Kyprolis)

Oral proteasome inhibitor:
Ixazomib (Ninlaro)

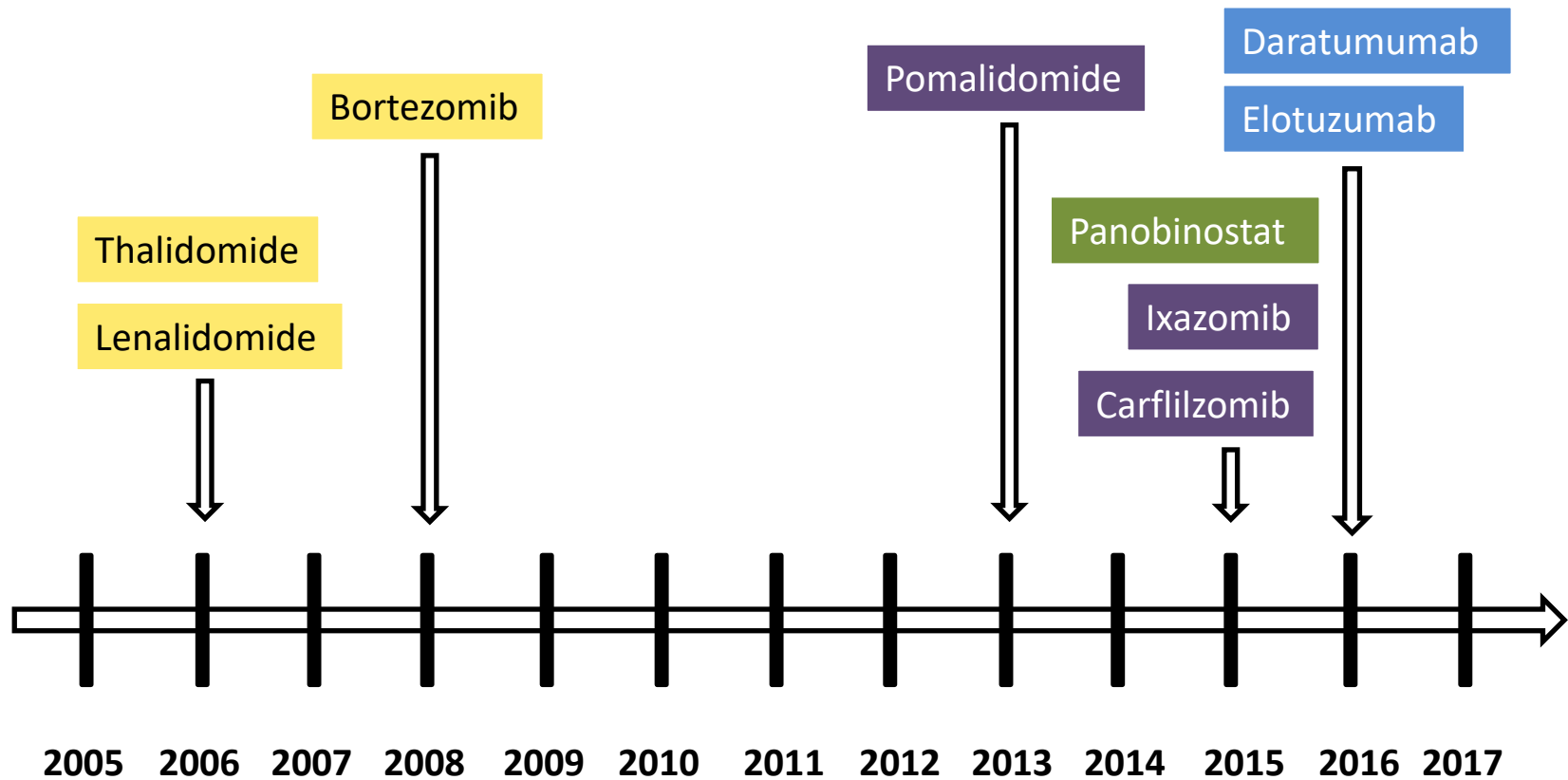
Histone deacetylase inhibitors:
Panobinostat (Farydak)

Monoclonal antibodies:

CD38:
Daratumumab (Darzalex)

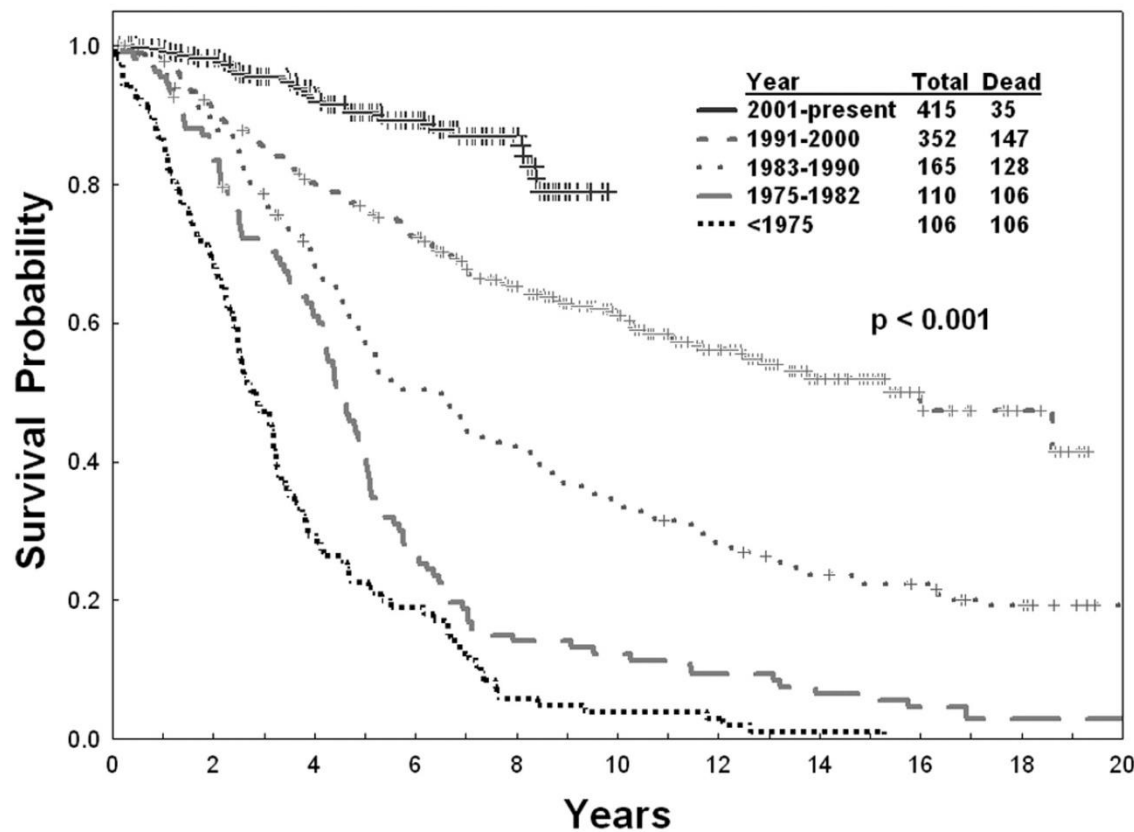
SLAMF7:
Elotuzumab (Empliciti)

Anti-myeloma treatment outline



Anti-myeloma treatment

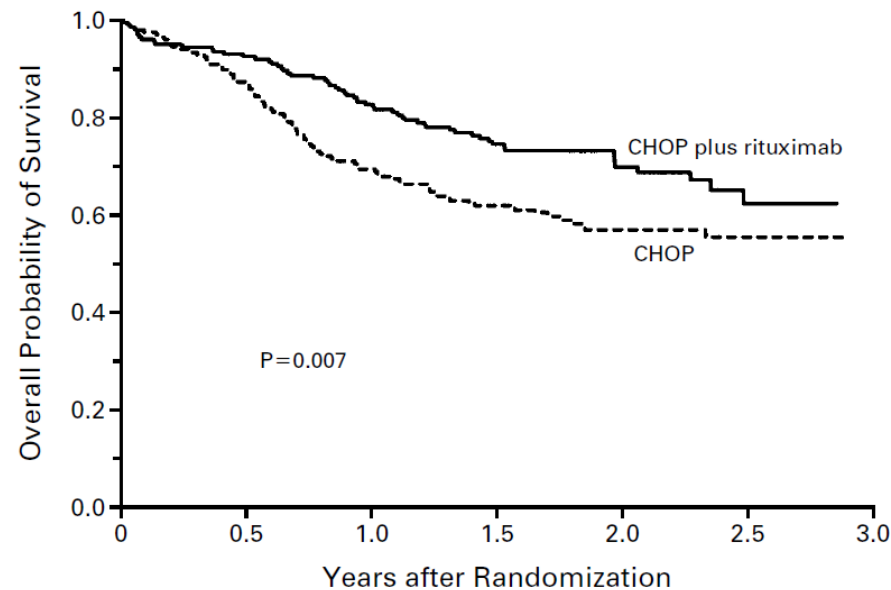
The goal: chronic myeloid leukemia since the introduction of imatinib (Gleevec) in 2001



Kantarjian Blood. 2012 Mar 1;119(9):1981-7.

Anti-myeloma treatment

The goal: Rituximab for diffuse large-B-cell lymphoma



No. AT RISK	
CHOP plus rituximab	202 187 167 118 64 21
CHOP	197 171 136 96 58 16

Figure 2. Overall Survival among 399 Patients Assigned to Chemotherapy with Cyclophosphamide, Doxorubicin, Vincristine, and Prednisone (CHOP) or with CHOP plus Rituximab.

Coiffier N Engl J Med. 2002 Jan 24;346(4):235-42.

Anti-myeloma treatment

Dexamethasone



Anti-myeloma treatment

Melphalan



Anti-myeloma treatment

Thalidomide



Anti-myeloma treatment

Lenalidomide



Anti-myeloma treatment

Bortezomib



Anti-myeloma treatment

Pomalidomide



28 day cycles of pomalidomide on days 1–21

Anti-myeloma treatment

Panobinostat



3-week cycles of panobinostat 3 times per week for 2 out of 3 weeks

Anti-myeloma treatment

Carfilzomib



Anti-myeloma treatment

Ixazomib



28-day cycles, oral ixazomib on days 1, 8, and 15

Anti-myeloma treatment

Elotuzumab



Anti-myeloma treatment

Daratumumab



042964-151105

Anti-myeloma treatment outline



High-dose melphalan + autologous stem cell transplantation

“Total therapy”

induction

consolidation

maintenance

tandem transplantation

Total Therapy 1

Induction phase

Cycles 1-3, VAD

Cycle 4, HD-CTX

Cycle 5, EDAP

Transplantation phase

First transplant

Second transplant

Maintenance phase

Interferon

Total therapy 2

Induction

Cycle 1, VAD

Cycle 2, DCEP

Cycle 3, CAD

Cycle 4, DCEP

Transplantation

First transplantation

Second transplantation

Consolidation

Randomized arm A: DCEP

Randomized arm B
DCEP*

CAD*
DPACE

DEX

Maintenance

Interferon

Table I. Total therapy 3 schema.

Induction (2 cycles \leq 8 weeks apart)	Cycle 1 with PBSC collection VTD-PACE	Interleukin-2 (reco)
	V (1.0 mg/m ² SQ) day 1*,4,8,11 T (200 mg/d p.o.) day 4-7 D (40 mg/d p.o.) day 4-7 P (10 mg/m ² /d) day 4-7 A (10 mg/m ² /d) day 4-7 C (400 mg/m ² /d) day 4-7 E 40 mg/m ² /d) day 4-7	D (200 mg/d p.o.) day 4-7 T (50 mg/m ² /d) day 4-7

Transplant (>2 months apart but not >6 months apart)

1st transplant†

MEL (200 mg/m²)

Consolidation (if platelets $< 50 \times 10^9/l$, proceed to year 1 of maintenance)

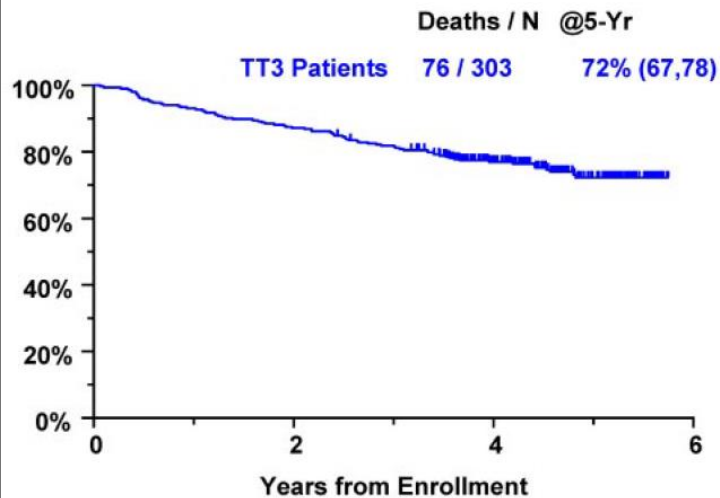
Cycle 1 VTD-PACE

Cycle 1: 6 weeks to 4 months after last transplant
Cycle 2: 2-4 months after cycle 1

Maintenance

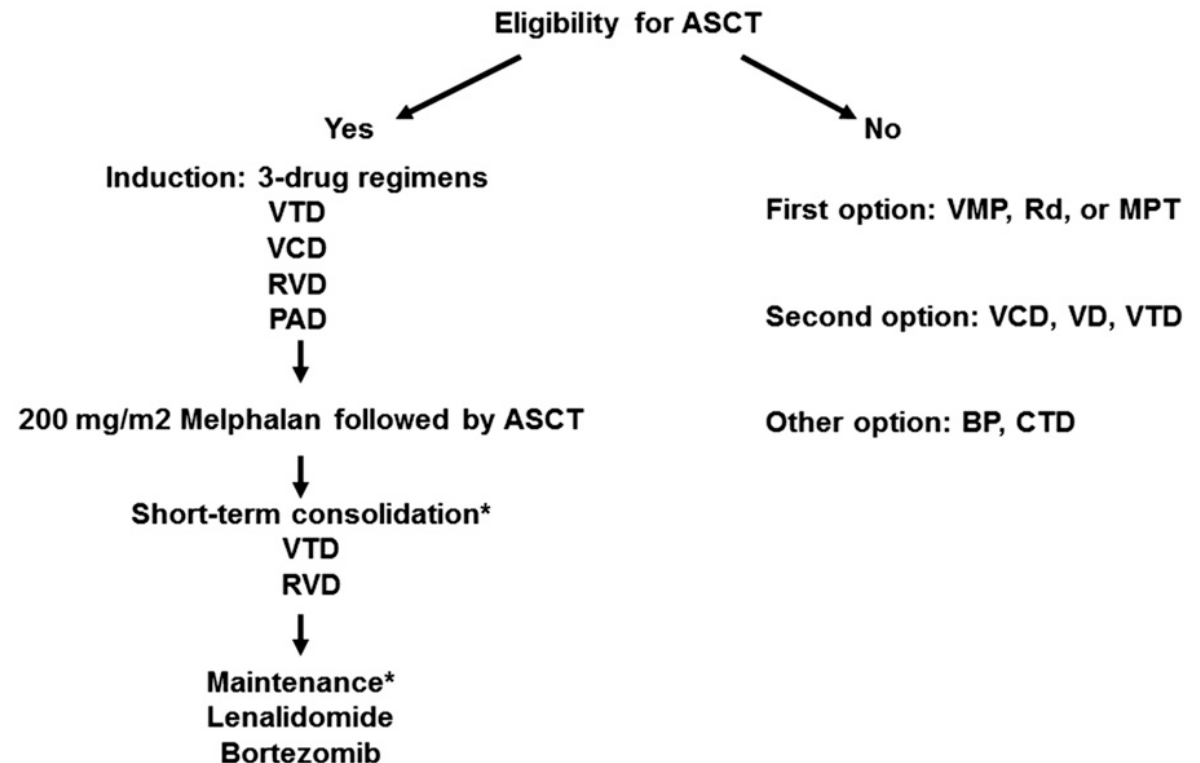
Year 1: 1-4 months after consolidation

A Total Therapy 3 Overall Survival



Anti-myeloma treatment outline

Figure 1. Summary of frontline therapy. Asterisk indicates optional. BP, bendamustine-prednisone; CTD, cyclophosphamide-thalidomide-dexamethasone; MPT, melphalan-prednisone-thalidomide; Rd, lenalidomide and low-dose dexamethasone; VCD, bortezomib-cyclophosphamide-dexamethasone; VMP, bortezomib-melphalan-prednisone.



Anti-myeloma treatment dilemmas

Table 3. Risk stratification and possible therapeutic questions within each risk categories

	<i>High-risk</i>	<i>Standard-risk</i>	<i>Low-risk</i>
Parameters	ISS II/III and t(4;14) ^a or 17p13 del	Others	ISS I/II and absence of t(4;14), 17p13 del and + 1q21 and age < 55 years
Median OS	2 years	7 years	> 10 years
% Patients	20%	60%	20%
Therapeutic questions	There is a need for novel therapeutic approaches e.g. Allogeneic stem cell transplant or immune therapy approaches		Do these patients benefit from maintenance therapy? Is VGPR a good enough response in these patients, as they may revert to an MGUS state

Abbreviations: ISS, International staging system; MGUS, monoclonal gammopathy of undetermined significance; OS, overall survival; VGPR, very good partial response. ^aSurvival of t(4;14) patients is improved with the use of velcade-based therapy.

Anti-myeloma treatment dilemmas

Relapsed multiple myeloma, at least 3 prior lines of therapy, refractory to both an IMiD and a proteasome inhibitor, exposed to alkylating agent

100%

57%

52%

49%

61%

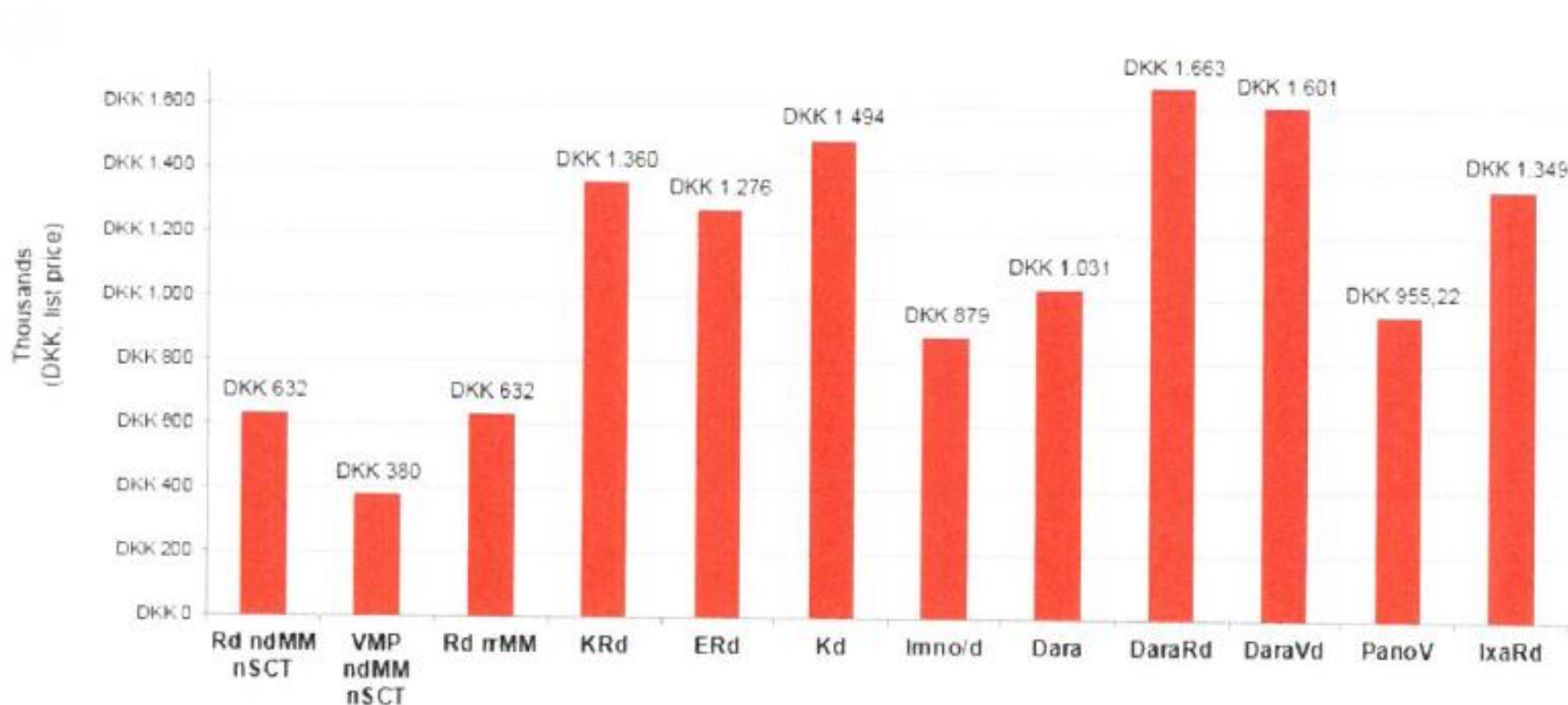
Regimen (Post T0)

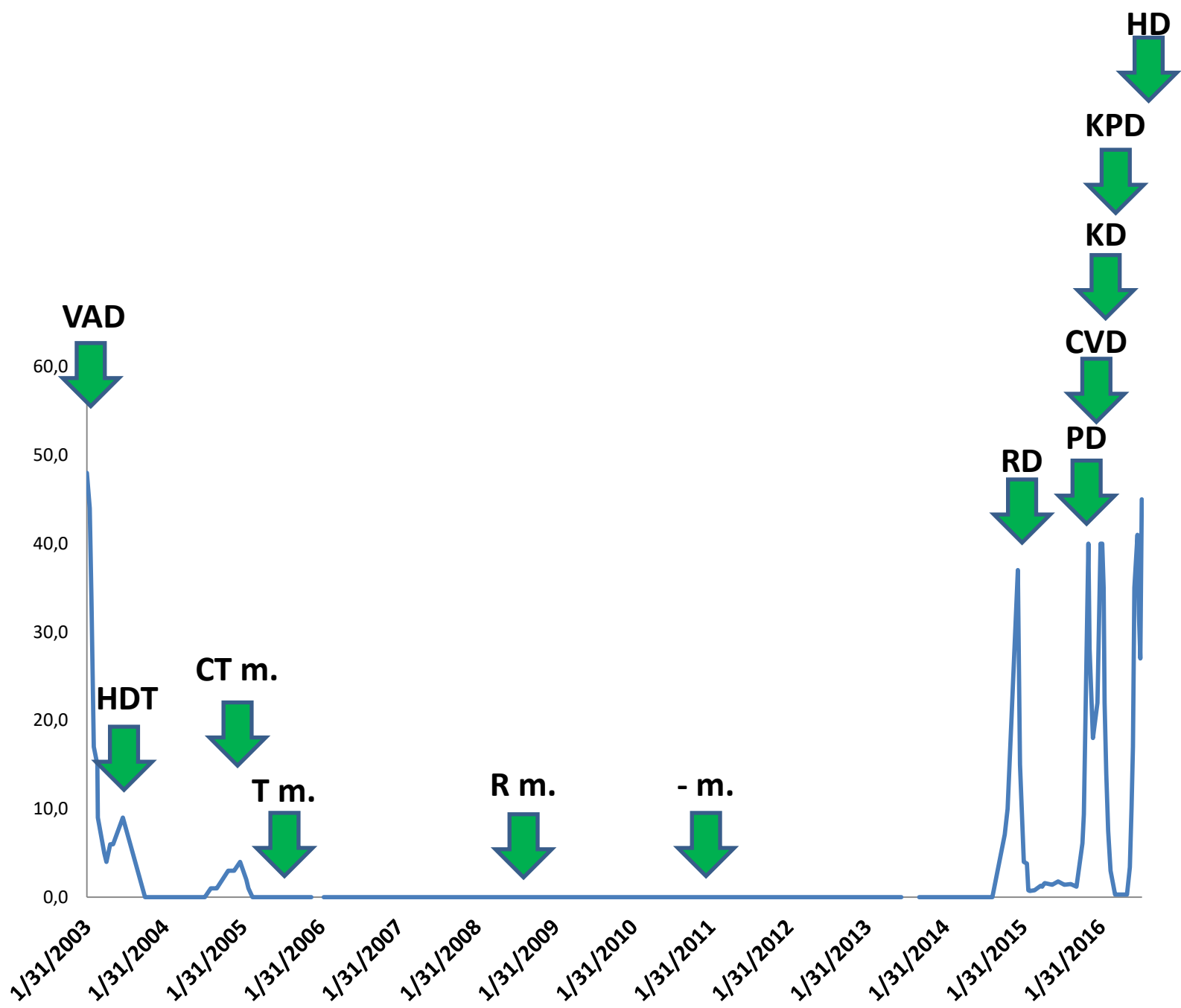
Response		1st	2nd	3rd	4th	5 th
Number of Subjects in Regimen	N	462	264	137	68	42
Overall Response (>=PR)	n (%)	153 (33.1)	65(24.6)	36(26.3)	20(29.4)	6(14.3)
CR	n (%)	6(1.3)	2(0.8)	2(1.5)	0(0.0)	0(0.0)
SCR	n (%)	2(0.4)	1(0.4)	1(0.7)	1(1.5)	0(0.0)
NCR/VGPR	n (%)	0(0.0)	1(0.4)	0(0.0)	0(0.0)	0(0.0)
VGPR	n (%)	44(9.5)	16(6.1)	8(5.8)	2(3.0)	1(2.4)
PR	n (%)	101(21.9)	45(17.1)	25(18.2)	17(25.0)	5(11.9)
MR	n (%)	3 (0.6)	0(0.0)	0(0.0)	0(0.0)	0(0.0)
SD	n (%)	159(34.4)	114(43.2)	53(38.7)	23(33.8)	17(40.5)
PD	n (%)	146(31.6)	85(32.2)	46(33.6)	26(38.2)	19(45.2)

Median OS: 13 months

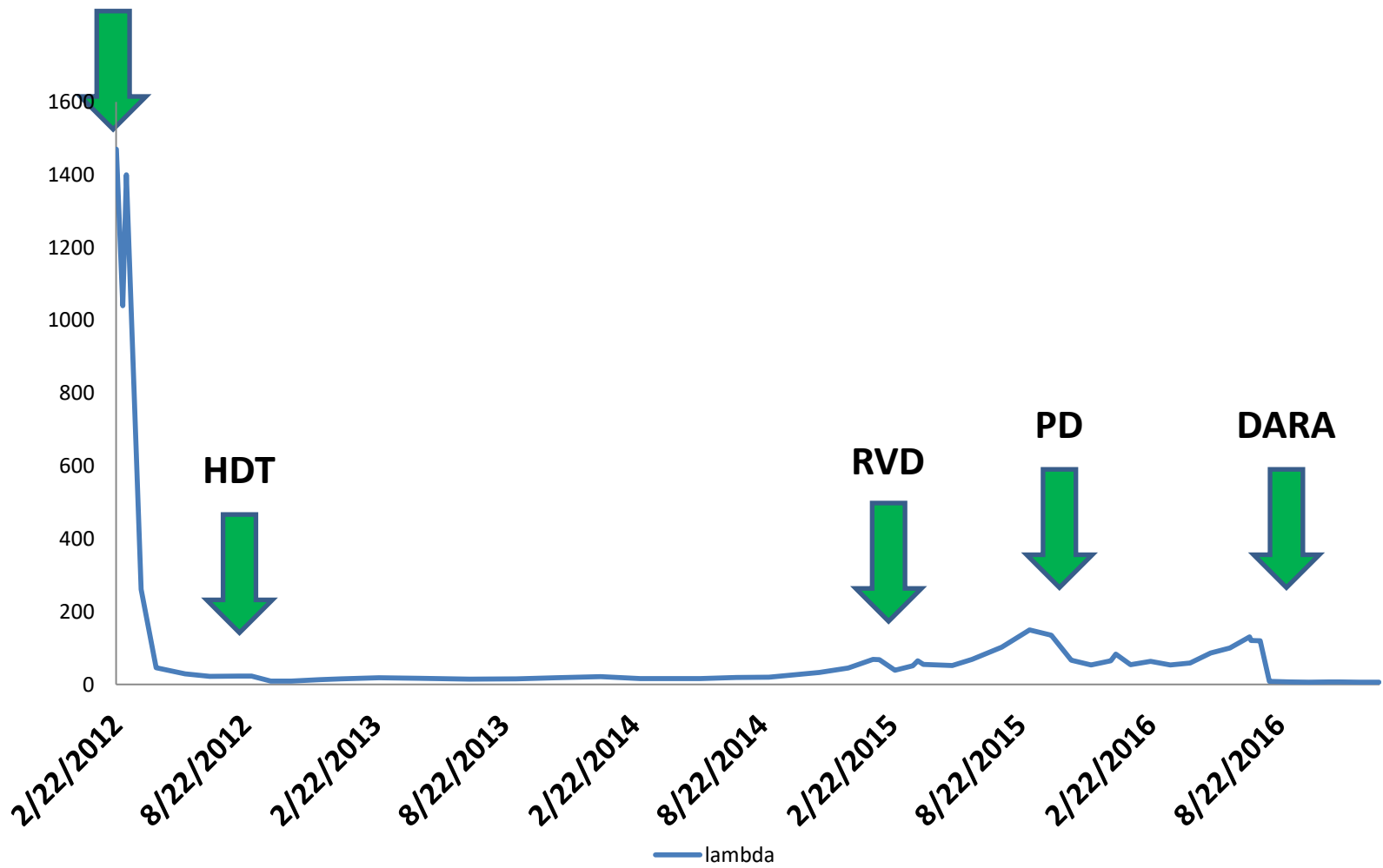
Median PFS: 5 months

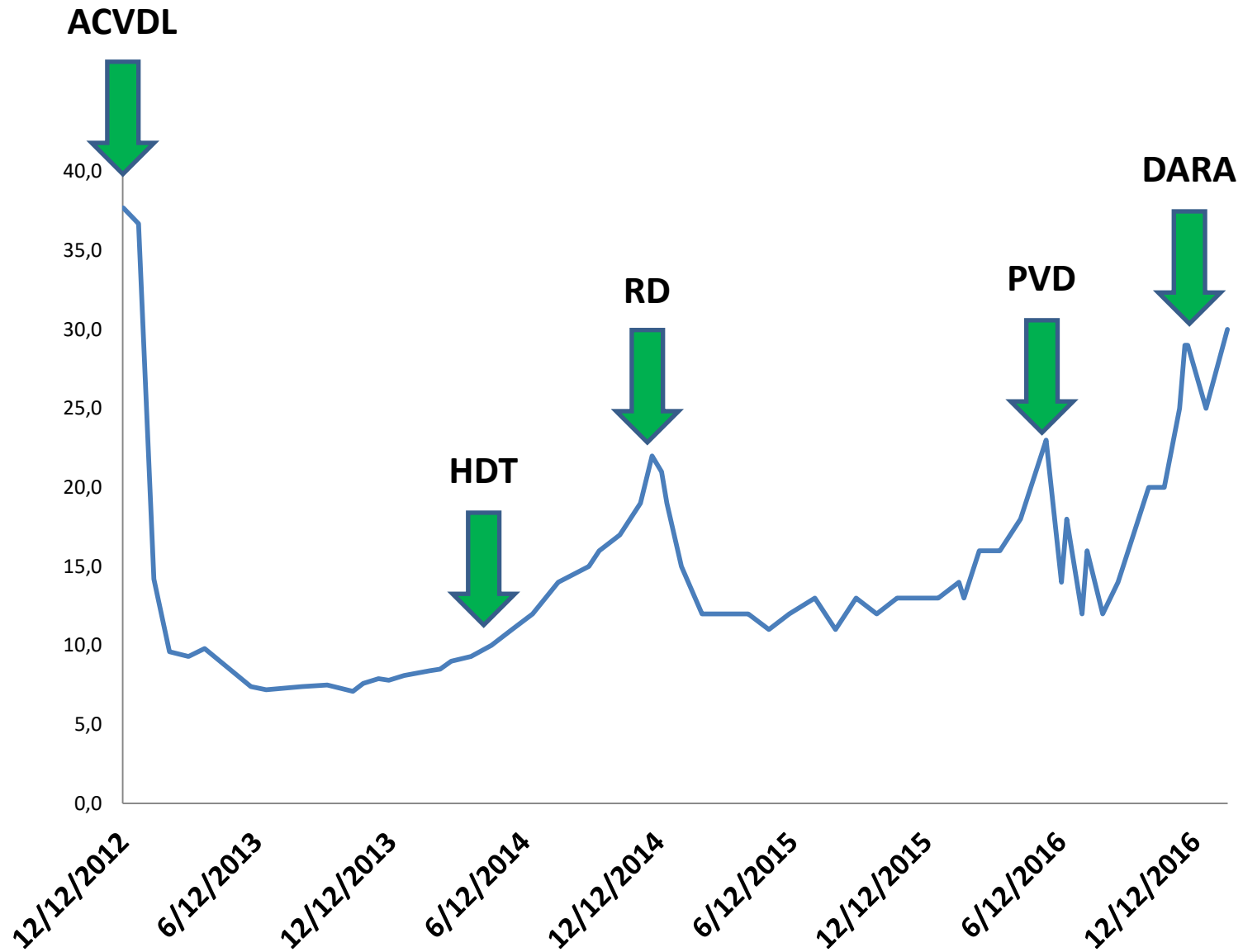
Anti-myeloma treatment dilemmas

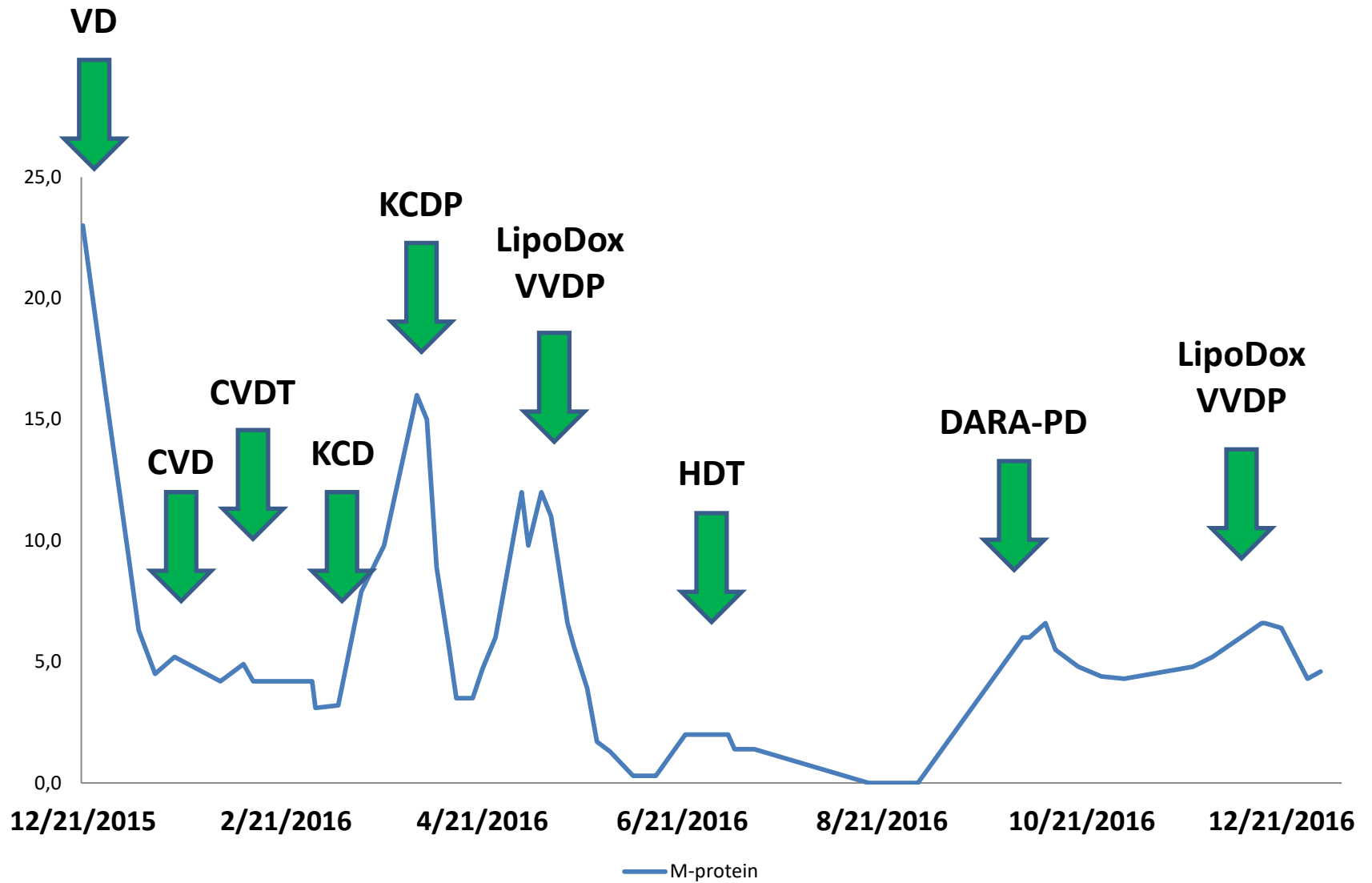




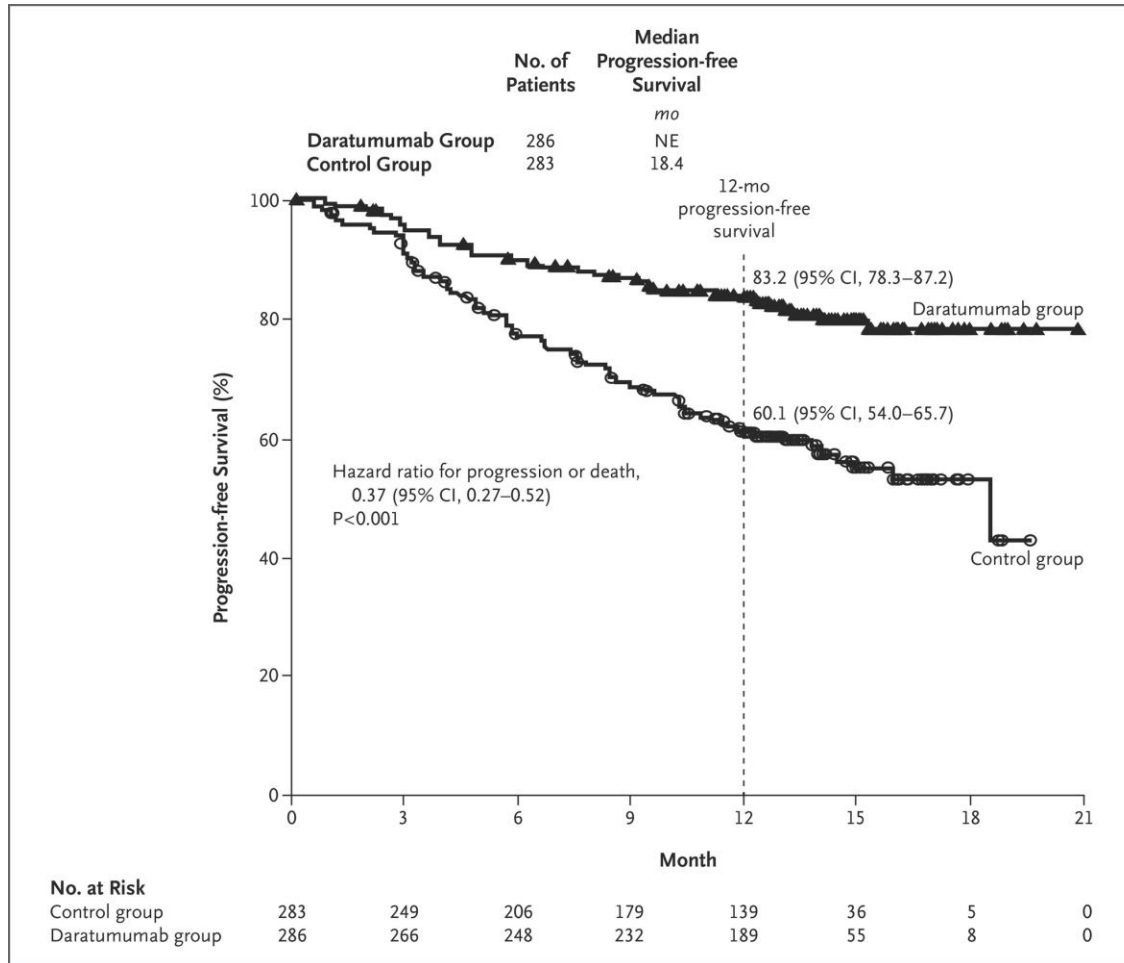
ACVDL







The POLLUX trial



The POLLUX trial

POLLUX: Daratumumab-Lenalidomide-Dexamethasone vs. Lenalidomide-Dexamethasone in relapsed and refractory multiple myeloma

	DARA-LEN-DEX	LEN-DEX
progression-free survival at 12 months	83.2%	60.1%
Median progression-free survival	Could not be estimated	18,4 months
Overall response rate	92.9%	76.4%

Dimopoulos N Engl J Med. 2016 Oct 6;375(14):1319-1331.

The POLLUX trial

Amendment INT-3, 26 May 2016

subjects who were randomized to the lenalidomide and dexamethasone (Rd) group will be offered treatment with daratumumab monotherapy

The role of clinical trials

16.11.2015 Daratumumab monotherapy **approval** by FDA

27.5.2016 Daratumumab monotherapy **approval** by EMA

30.9.2016 Daratumumab monotherapy **approval** (KRIS) in Denmark

21.11.2016 Daratumumab-Lenalidomide-dexamethasone **approval** by FDA

23.8.2016 Daratumumab-Lenalidomide-dexamethasone **application** to EMA filed

The role of clinical trials

GEN501: Daratumumab in relapsed and refractory multiple myeloma

Recruitment at Vejle Hospital:

Part I: 11.3.2008 – 8.7.2012

Part II: 22.5.2013-8.5.2014

GEN503: Daratumumab-Lenalidomide-Dexamethasone in relapsed and refractory multiple myeloma

Recruitment at Vejle Hospital:

12.6.2012 – 7.8.2014

POLLUX: Daratumumab-Lenalidomide-Dexamethasone vs. Lenalidomide-Dexamethasone in relapsed and refractory multiple myeloma

Recruitment at Vejle Hospital:

27.11.2014-2.1.2015

ClinicalTrials.gov identifier: NCT01615029, NCT02076009



Tak for jeres opmærksomhed!

Spørgsmål?